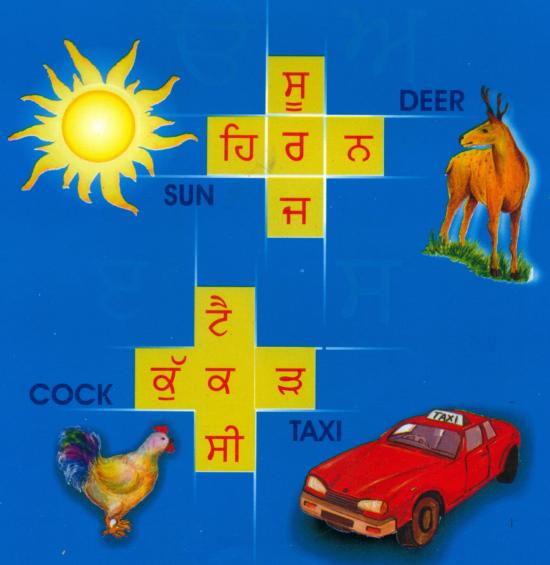
LET US LEARN GURMUKHI

[AN EASY PRIMER FOR GURMUKHI LEARNING]
BOOK I



Compiled by

Shamsher Singh Puri

LET US LEARN GURMUKHI ਆਓ ਗੁਰਮੁਖੀ ਪੜ੍ਹੀਏ

[AN EASY PRIMER FOR GURMUKHI LEARNING]

BOOK I

PAINTI AKHRI & WORD BUILDING ਪੈਂਤੀ ਅੱਖਰੀ ਅਤੇ ਸ਼ਬਦ ਜੋੜ

Compiled by SHAMSHER SINGH PURI



LET US LEARN GURMUKHI - BOOK I

[An Easy Primer for Gurmukhi Learning]

Compiled by

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President

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Key to Punjabi Pronunciation

There are a number of sounds that are different in English and Punjabi or are totally absent in English. To help you pronounce the sounds based on your knowledge of English, the following phonetic system is employed in this series of books. (The comparable English sounds are supposed to be produced by the native English speakers, not by speakers of English as a second language.) This is not a standardized system yet. The best way to learn the pronunciation is to ask a native speaker of the language to model the sounds for you.

```
'u' in 'cup'
   in middle of a word
                                       'a' in 'ball'
   in middle of a word
                                       'a' in 'flat'
   written above the word
ai
                                       'o' in 'mom'
au written above the word
    written above the word
                                      'ay' in 'say'
    in middle and before a word = 'i' in 'sick'
                                       'ee' in 'speech'
ee in middle and after a word
                                      'oo' in 'moon'
oo written below the word
    in middle of a word
                                    = 'u' in 'put'
u
                                       'bh' in 'bhangra'
bh
                                      'ch' in 'patch'
ch (non aspirated)
                                        ch in 'choke' (hard sound)
chh (aspirated)
                                        'th' in 'the'
    with a dot at the bottom
                                       t + d
dh
                                       ch + j
jh
                                       retroflex 'n'
    with a dot at the bottom
n
                                       retroflex 'r'
                                        't' in 'sit' (soft sound)
t
                                       similar to 'th' in 'think' (said very
    with a dot at the bottom
                                        soft and without aspiration)
                                     = 'th' in 'thought'
   (aspirated)
                                        similar to 't' in 'Tom'
   (aspirated t)
Nasal Sounds
                                        as 'n' in 'sing'
n ( )
                                        as 'n' in 'bank'
ή( ˙)
```

Introduction

To save the most precious wealth of our nation, we must teach our children, our ancestral language and language of our holy scripture, *Guru Granth Sahib*.

Punjabi is an ancient language of Indo-Pakistan sub-continent of Punjab and is spoken by all inhabitants of that area irrespective of their ethno religious affiliation. Punjabis of Indian side write it in Gurmukhi script, while the speakers of Pakistani Punjab prefer to scribe it in Persian script. Nowadays some Punjabis settled in western countries use Roman script for Punjabi language too for their convenience. But it is an established fact that Gurmukhi is linguistically the most scientific and suitable script for scribing the Punjabi language. Guru Angad Dev Ji, second Guru of the Sikhs introduced Gurmukhi script and our holy scripture *Guru Granth Sahib*, though comprising of many languages, is written in Gurmukhi script.

By teaching our children Gurmukhi we will enable them to read *Guru Granth Sahib* and other literature about Sikh theology and our (Sikh) faith. By doing so we will give them the greatest gift—THEIR HERITAGE. Since Punjabi in Gurmukhi script is the language of our holy scripture, it is essential that our children know this.

The need for teaching Gurmukhi to Sikh children is being realized and modest efforts are being made by concerned parents and community leaders to start the process by organizing Sunday schools in Gurdwaras with the help of volunteer teachers. To do so we are bringing books and other material from India, themes and contents of which are neither suitable nor appealing to children born and brought up in this part of the world (USA and Canada). Efforts of volunteer teachers who devote their precious time to teach are appreciable but forty minutes to one hour classes once a week are not enough. It is suggested that Gurdwara Management Committees and volunteer teachers should plan to have at least two to three hour classes once a week, where children may be able to mingle and learn the language. We must keep in mind that typically language is best learnt in its own environment, where it is the medium of everyday speech and is difficult to learn it outside its natural venue.

We, here at Academy of Sikh Studies Inc. with Satguru's blessings and ability and strength given by HIM to all those who worked on this project have compiled a Punjabi Primer, which I hope will serve the purpose. This has been divided in four parts beginning from alphabet (*Painti Akhri*) and ending with reading practices which will enable the learner to read our religious literature in Gurmukhi script.

My special thanks to Dr. Gurinderpal Singh and Sardarni Pushpinder Kaur for their guidance and allowing us to use graphics and material produced by them. I am grateful to Dr. Gurvinder Singh Rekhi, Kamaljeet Rekhi and S. Rajinder Singh Dhada for reviewing the whole work and their suggestions for its improvements.

My sincere thanks to S. Amrik Singh Bhandari, S. Rajpal Singh Kochhar of New Delhi and S. Manmohan Singh Puri of North Carolina and all others whose financial support made this publication possible.

S. Gursagar Singh and S. Kuljeet Singh Ji of Singh Brothers, Amritsar deserve special mention for the hard work they have put in to print and publish this work.

Shamsher Singh Puri

President
Academy of Sikh Studies Inc.
5235 Sterling Trace Ct.
Lilburn, GA. 30047

ਪੈਂਤੀ ਅੱਖਰੀ ਪੰਜਾਬੀ ਅੱਖਰ Gurmukhi Letters

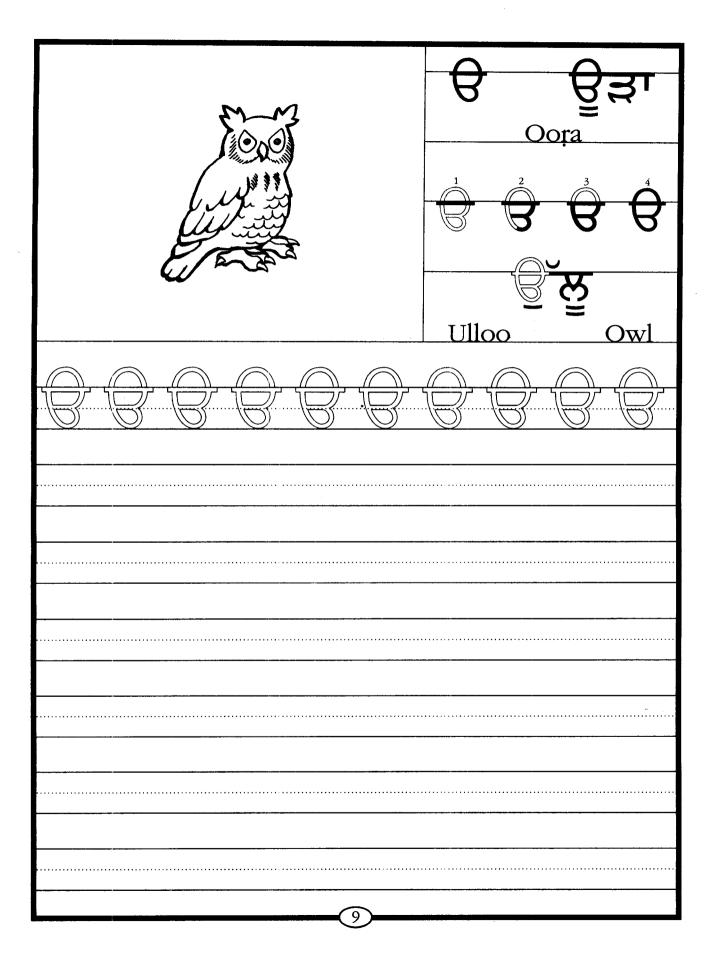
Gurmukhi script is based upon thirty-five letters. These letters were given the present form in the time of second Sikh Guru, Guru Angad Dev Ji. In the initial introduction of the language, the letter sounds must be learned. There are five extra letters at the end which express the modified sounds as well. They are normally included in the first list of **Painti Akhri**.

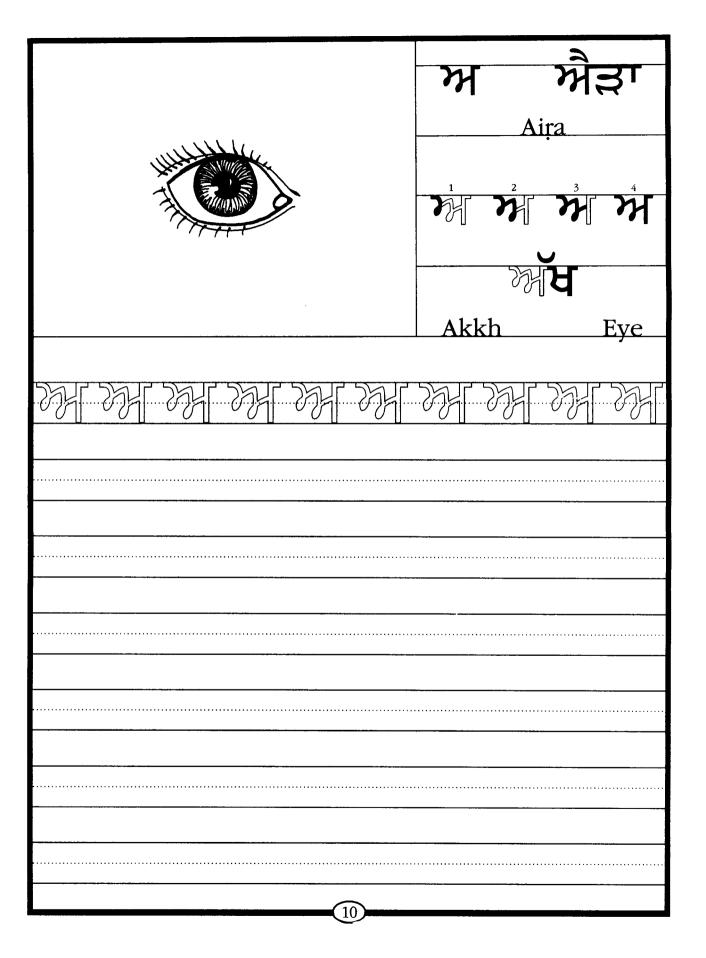
₽	ਅ	ਬ	ਸ	ਹ
ਊੜਾ	ਐੜਾ	ਈੜੀ	ਸੱਸਾ	ਹਾਹਾ
OOŖA (o,u)	AIŖA (a,y)	EEŖI (e)	SASSA (s)	HAAHA (h)
ਕ	ਖ	ਗ	भ	5
ਕੱਕਾ	ਖੱਖਾ	ਗੱਗਾ	ਘੱਗਾ	ਙੰਙਾ
KAKKA (k.q)	KHAKHKHA (kh)	GAGGA (g)	GHAGGA (gh)	NGANGA (ng)
	ਛੱ ਛਾ CHHACHHCHHA (chh)	ਜ ਜੱਜਾ JAJJA (j)	ਝੱਜਾ JHAJJA (jh+j)	ट्ट ^{हंहा} YANJA (nj)
ट	ठ	ਰ	ਢ	ट
ਟੈਂਕਾ	ਠੱਠਾ	ਡੱਡਾ	ਢੱਡਾ	ਣਾਣਾ
TAINKA (t)	THATHTHA (th)	DADDA (d)	DHADDA (dh)	ŅААНŅА (ņ)
ਤ	ਥ	ਦ	ਧ	ਨ
ਤੱਤਾ	ਬੱ ਬਾ	ਦੱਦਾ	ਧੱਦਾ	ਨੰਨਾ
ŢĄŢŢĄ (ţ)	THATHTHA (th)	DADDA (d)	рнарра (фh)	NANNA (n)

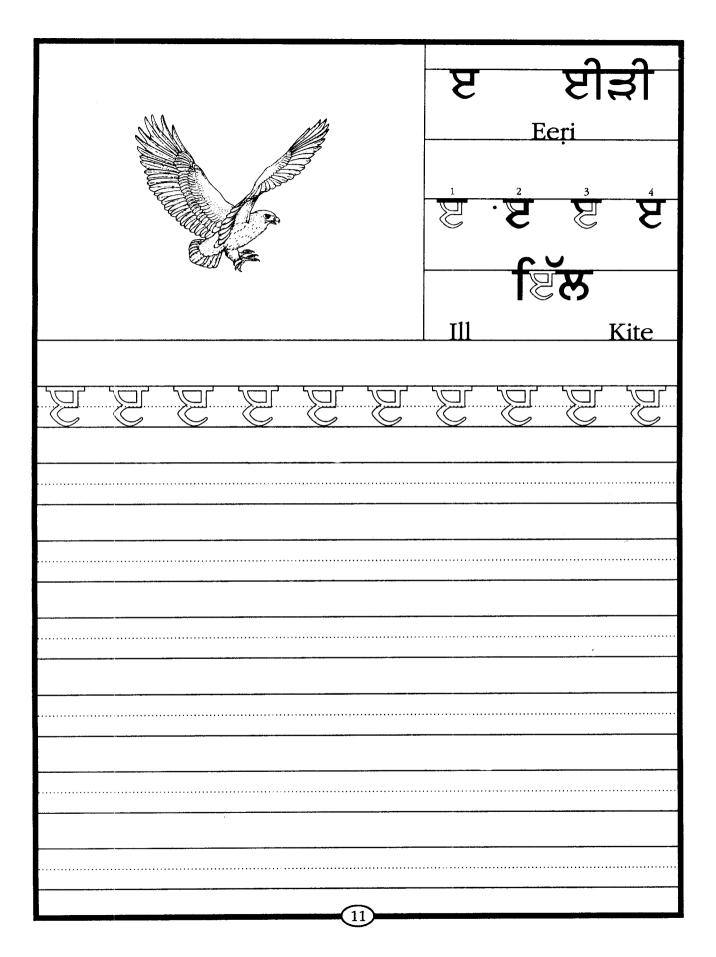
ਪ	ढ	ਬ	ਭ	н
ਪੱਪਾ	ਫੱਫਾ	ਬੱਬਾ	ਭੱਬਾ	ਮੰਮਾ
PAPPA (p)	РНАРНРНА (ph)	BABBA (b)	BHABBA (bh)	MAMMA (m)
ਯ	ਰ	ਲ	ਵ	ੜ
ਯਯਾ	ਰਾਰਾ	ਲੱਲਾ	ਵੱਵਾ	ੜਾੜਾ
YAYA (y)	RAARA (r)	LALLA (1)	VAVVA (v/w)	ķаанķа (i)
			-	
ਸ਼	শ্ৰ	.वा	1.	ॱख़
ਸ਼ੱਸ਼ਾ	ਖ਼ੁੱਖ਼ਾ	ਗ਼ੱਗ਼ਾ	ਜ਼ੱਜ਼ਾ	ਫ਼ਫ਼੶
SHASHSHA (sh)	KHAKHKHA (kh)	GHAGHGHA (gh)	ZAZZA (za)	FAFFA (f)

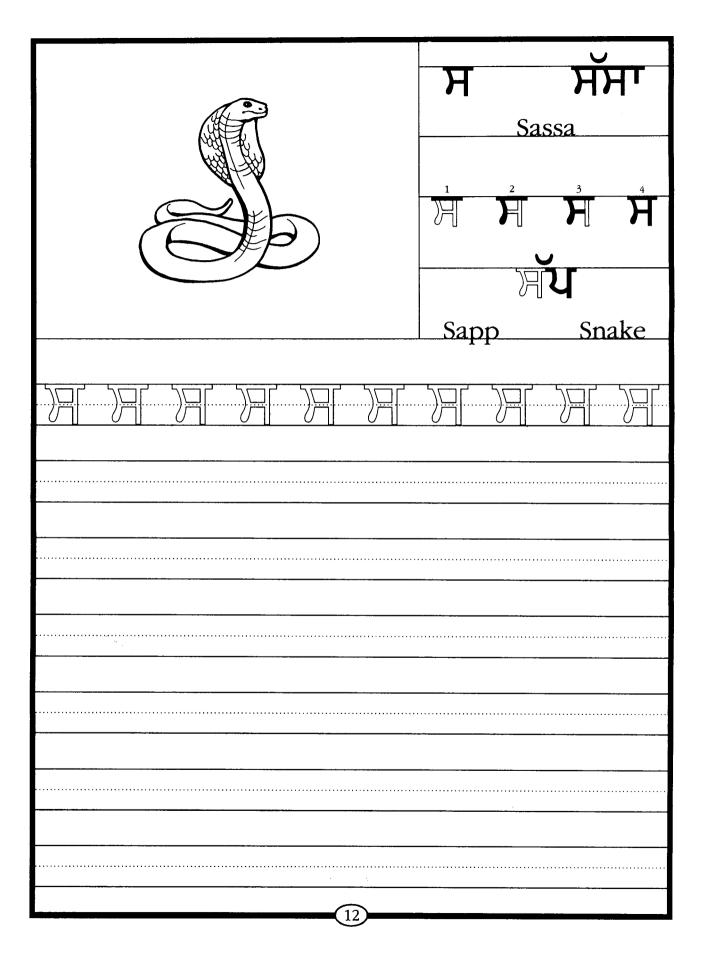
EXERCISE:

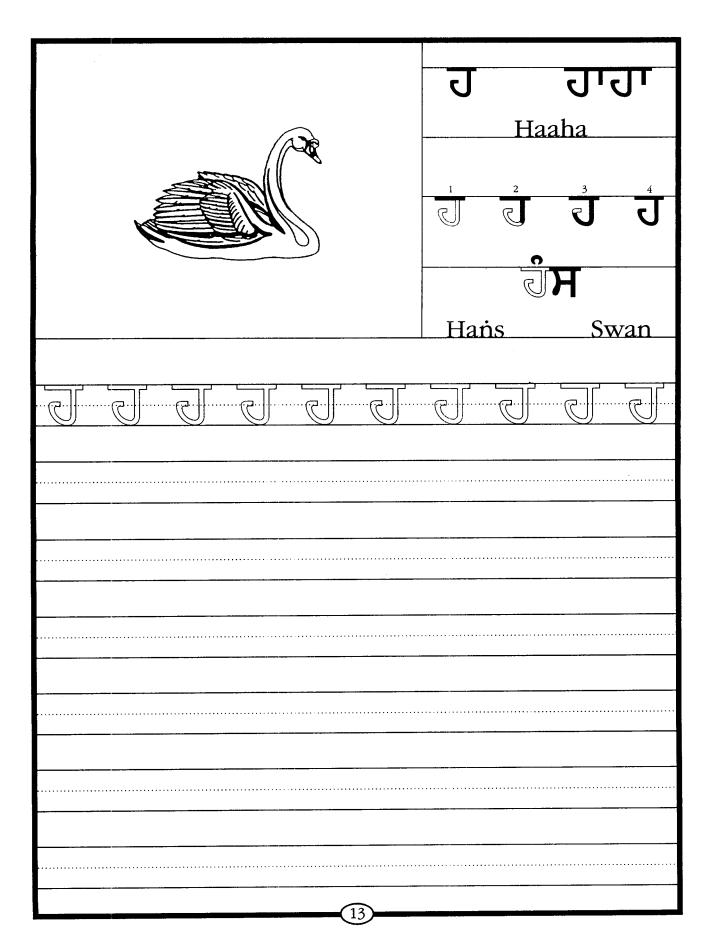
- 1. Master the sounds of the five letters in each row.
- 2. Associate the sounds with the letters.

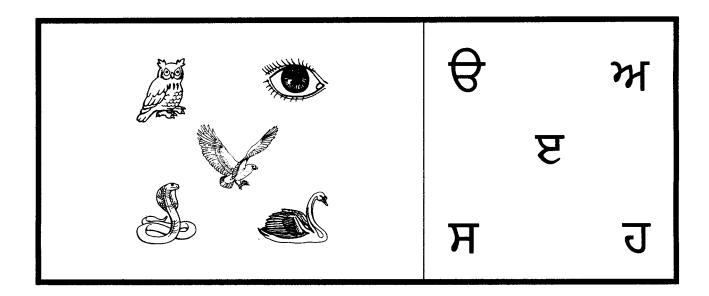


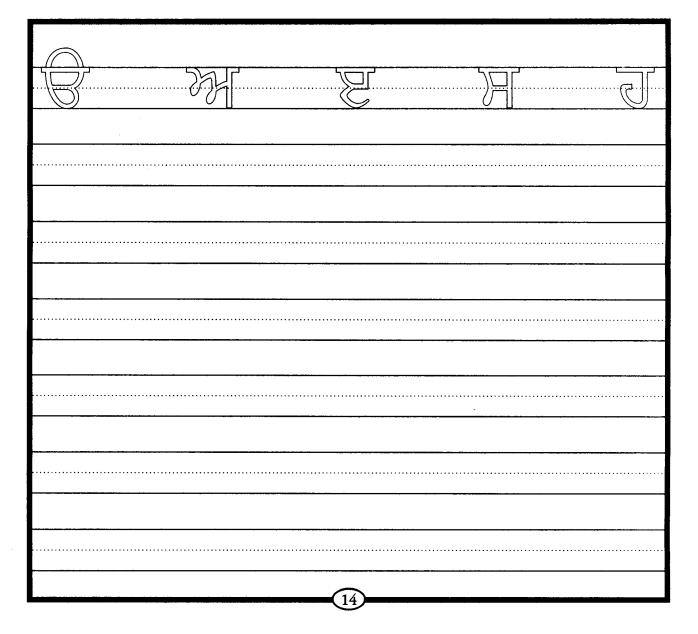


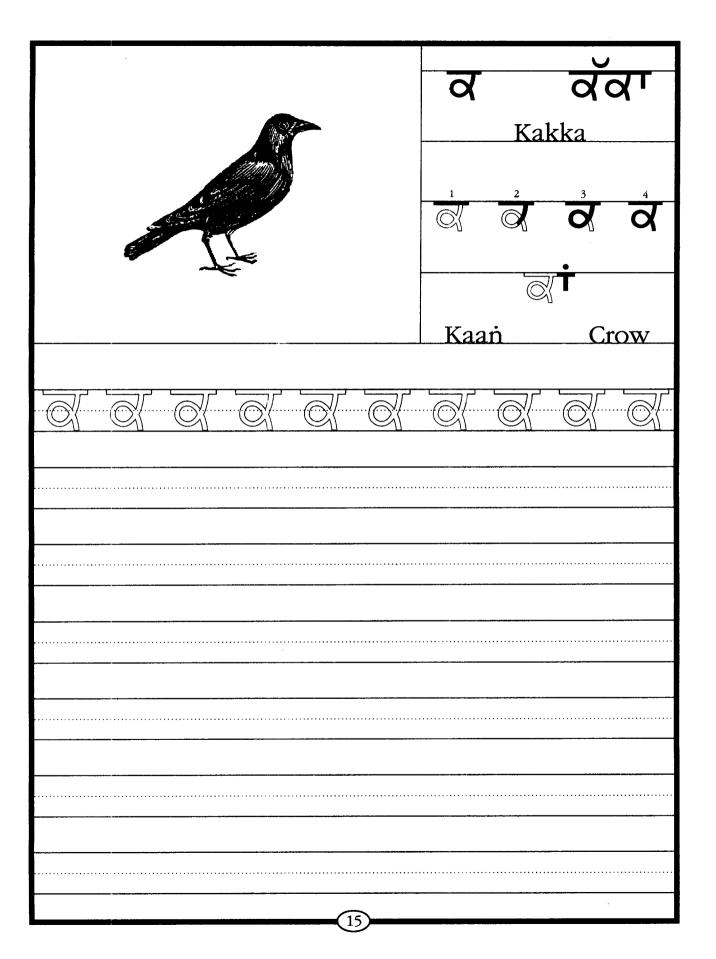


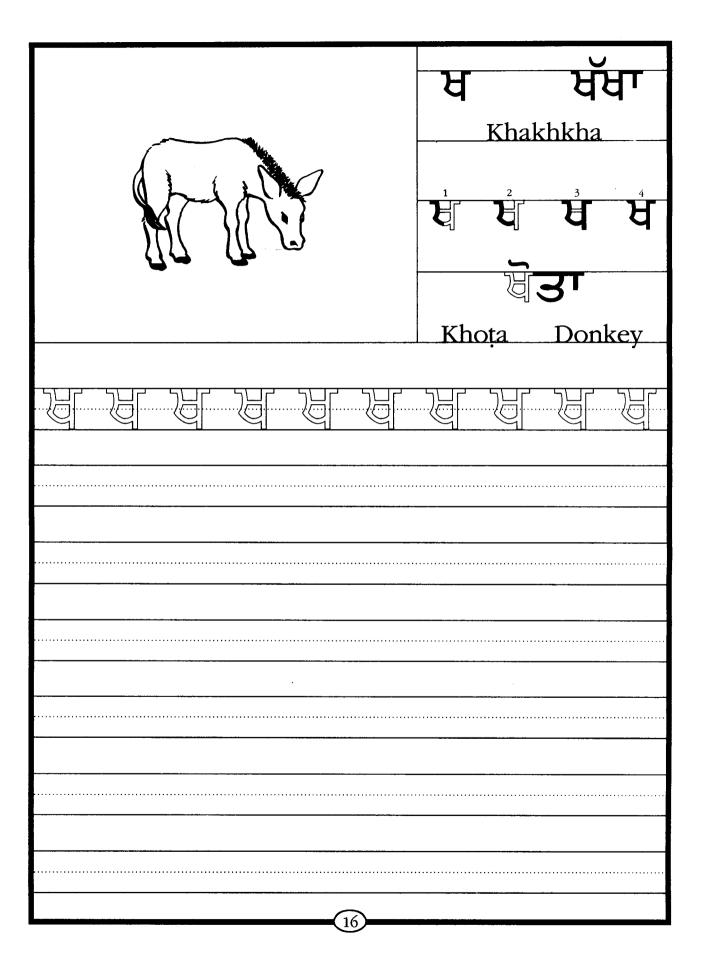


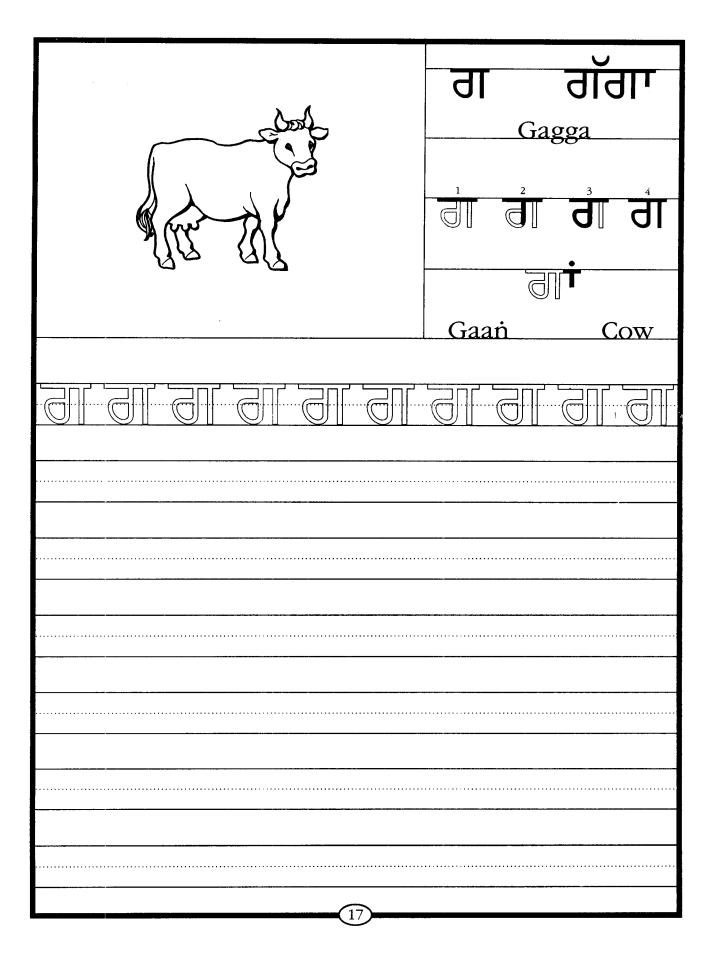


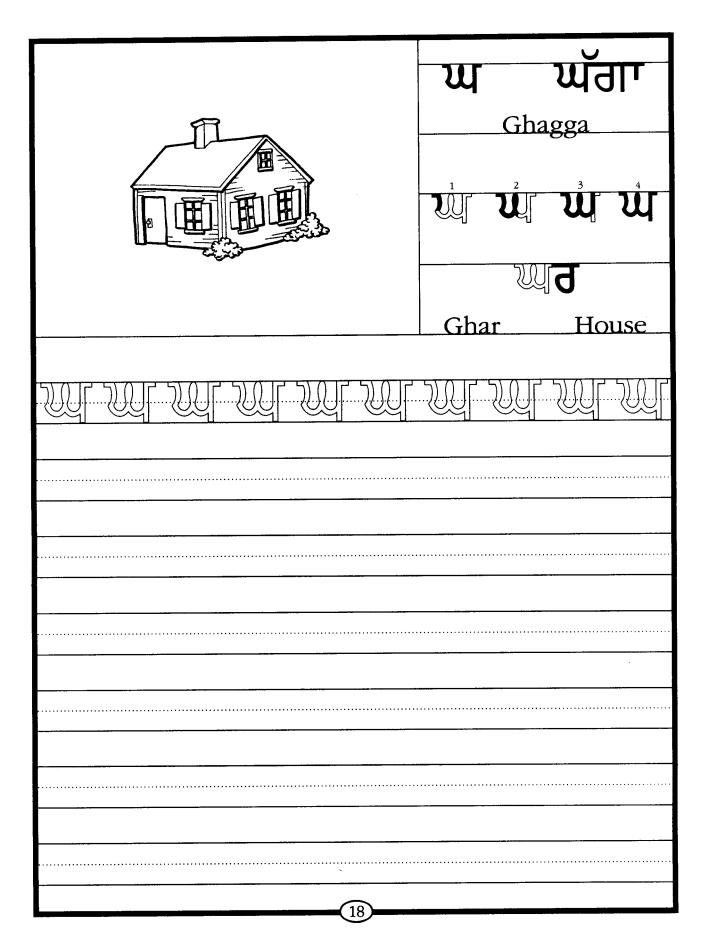




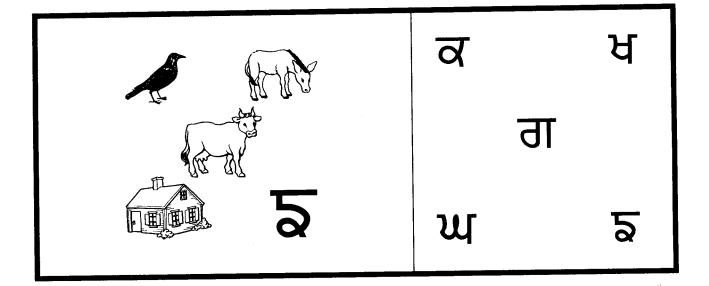


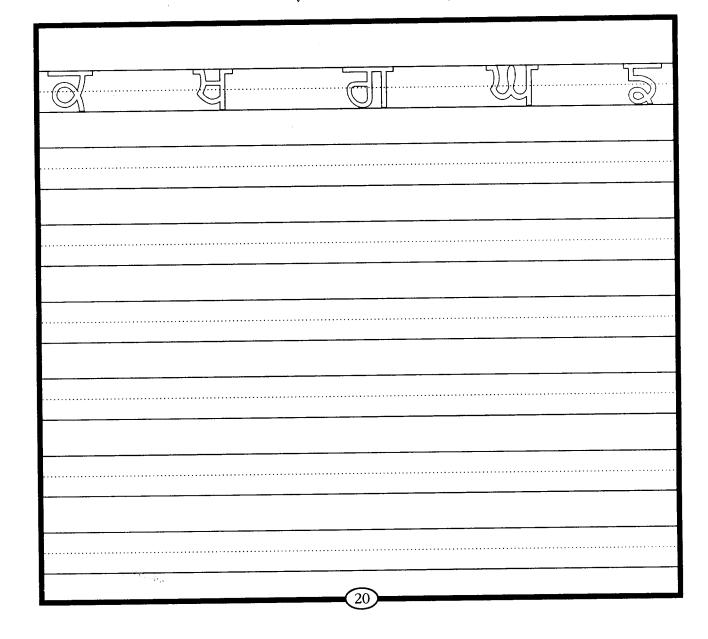


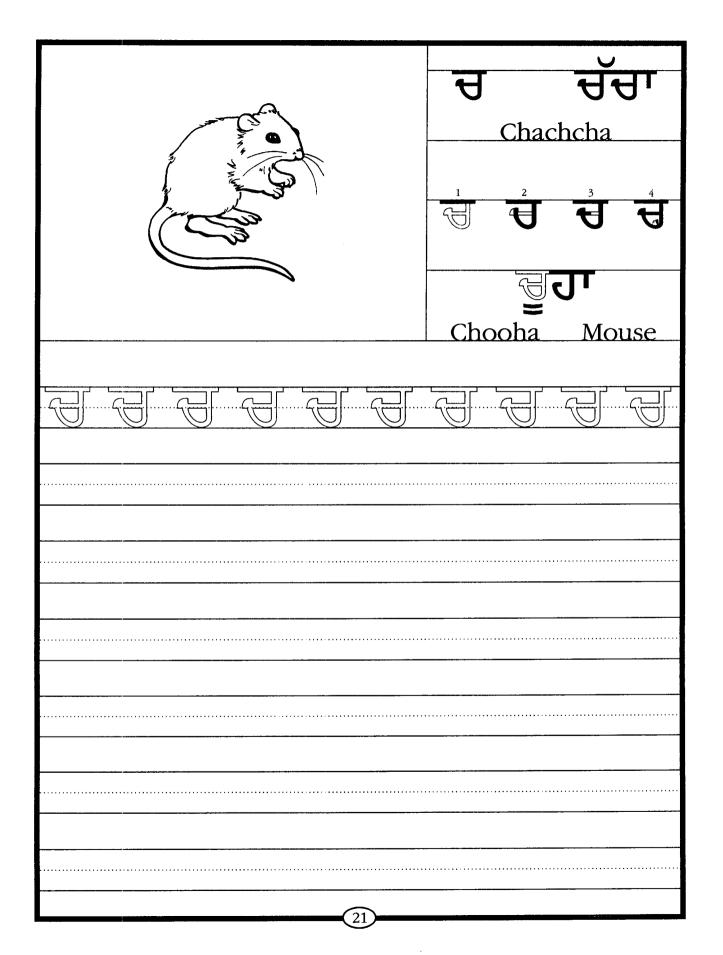


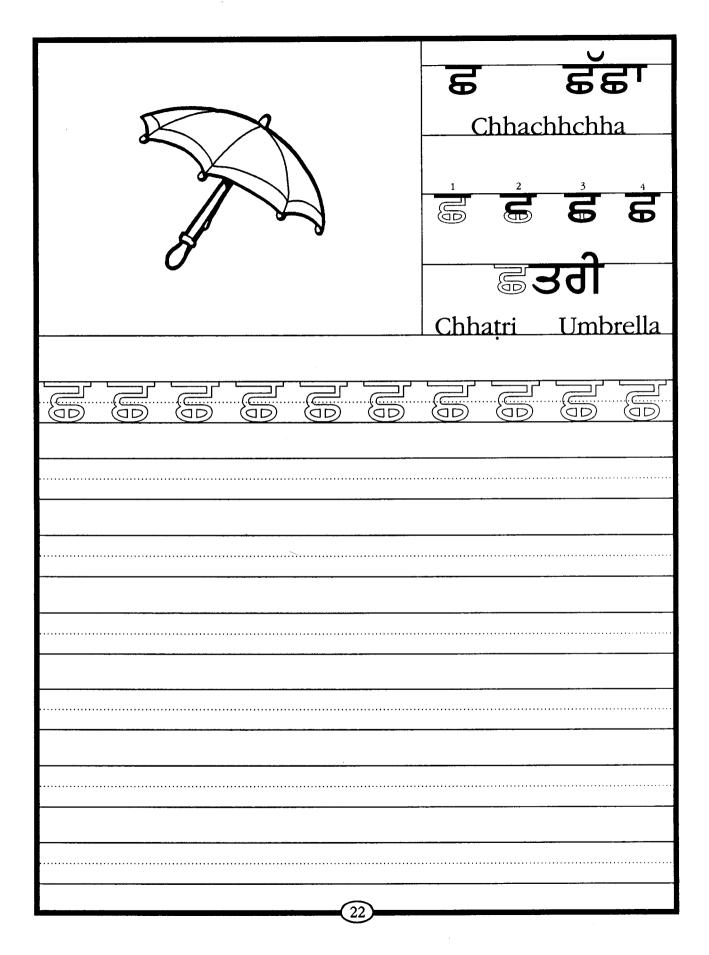


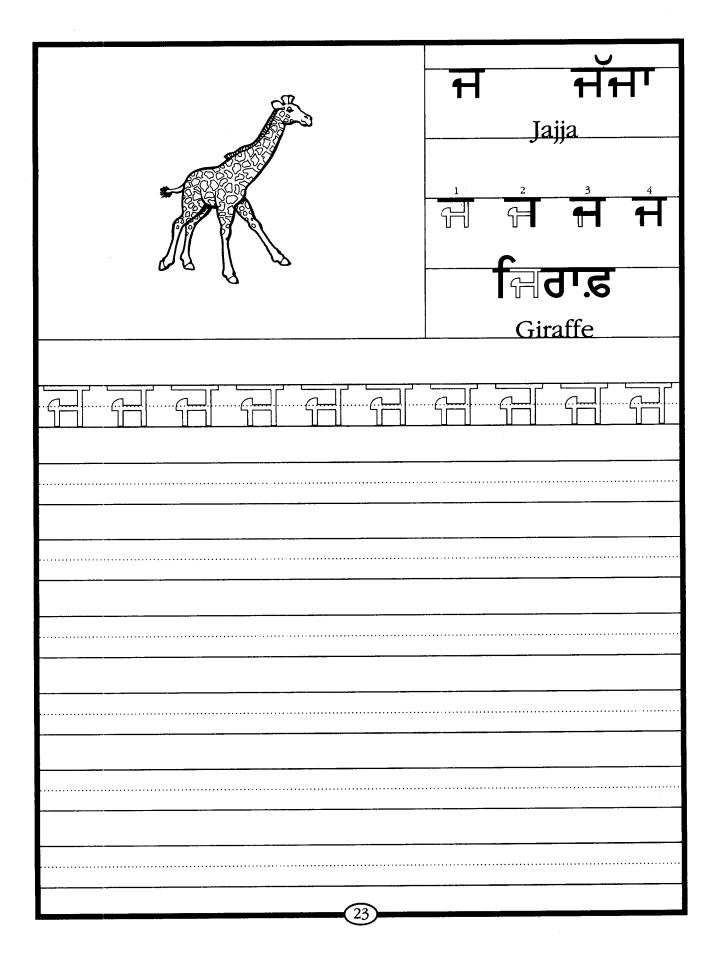
No word begins with this letter

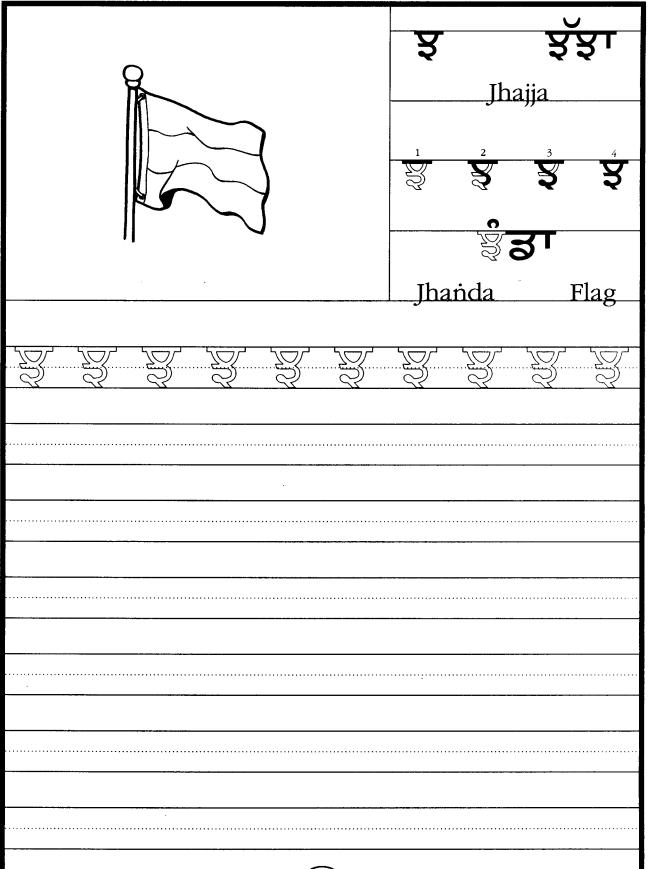


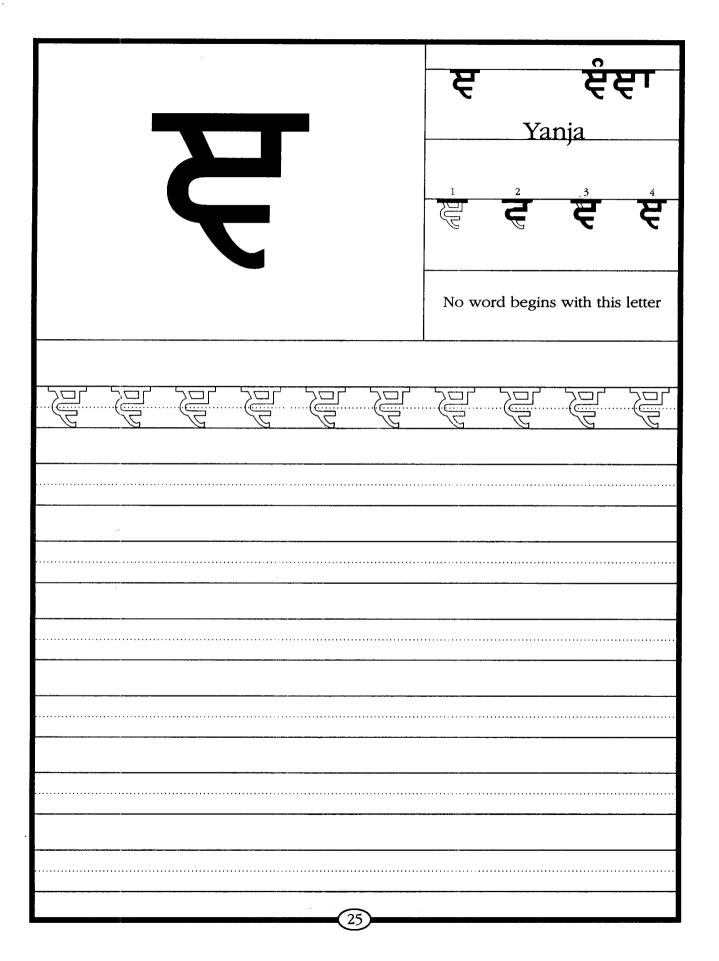


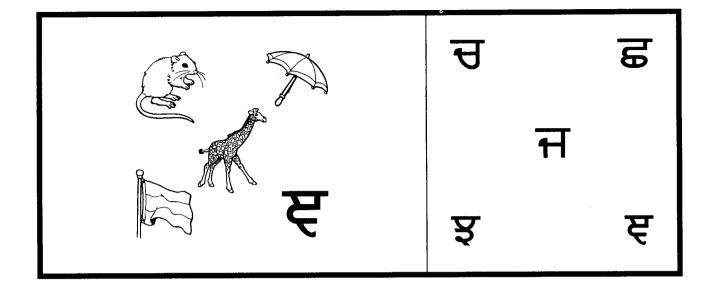


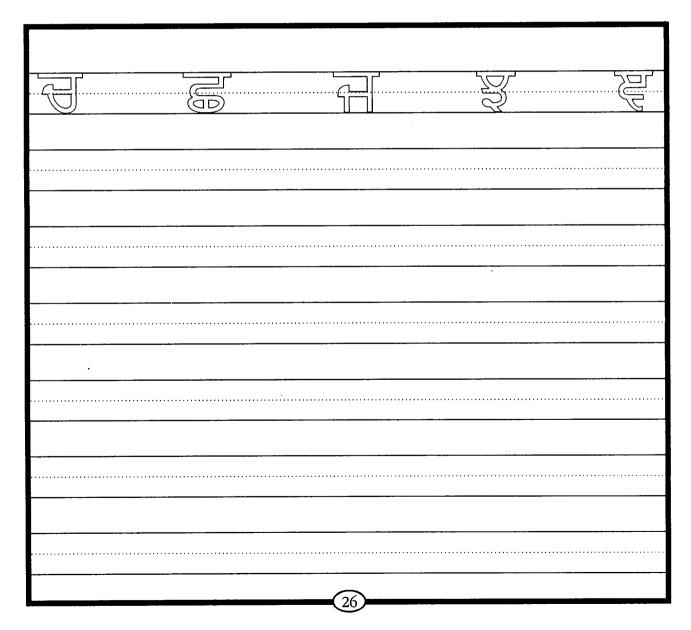


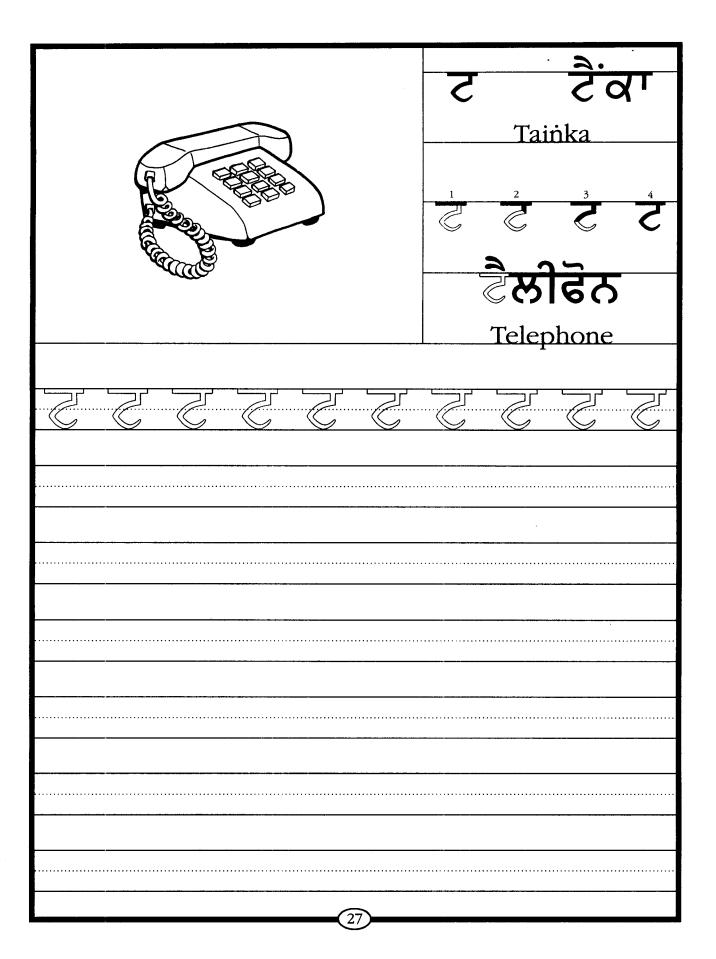


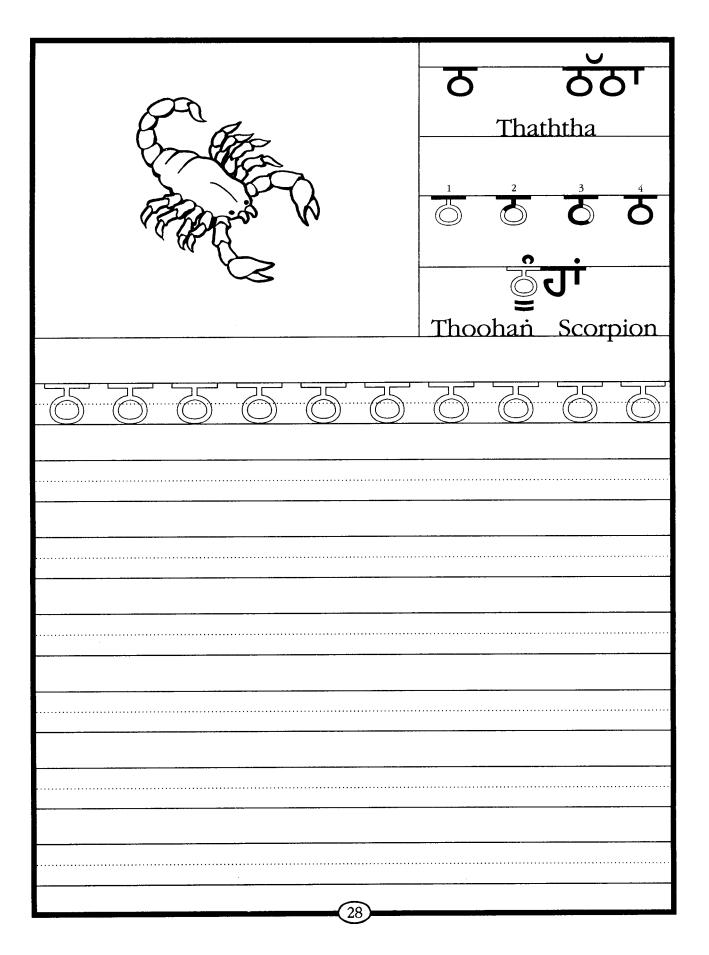


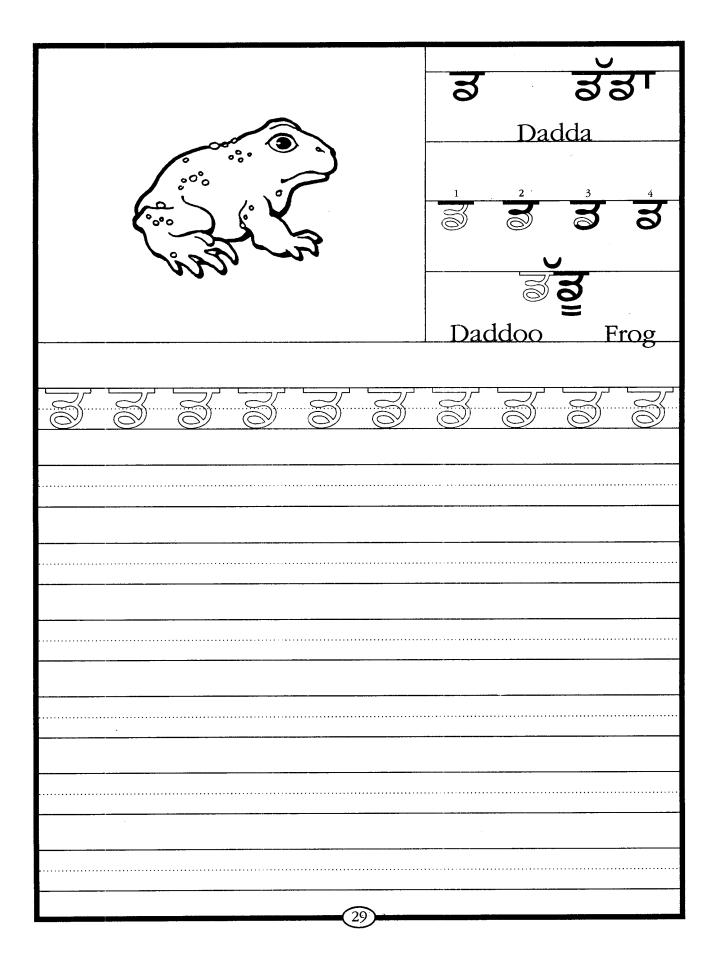


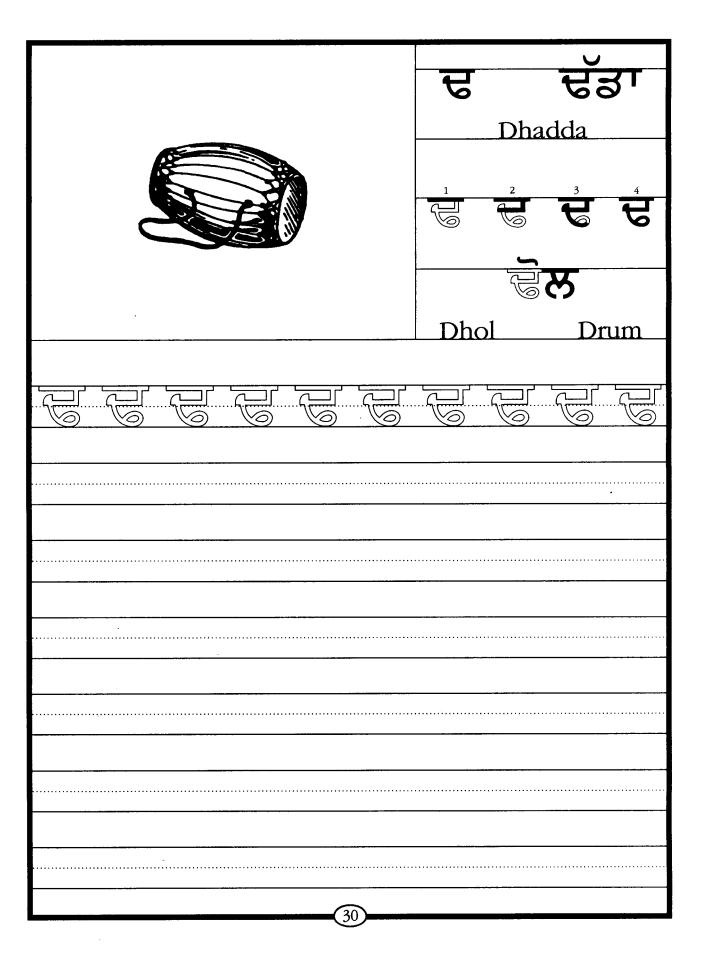




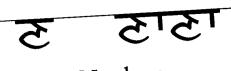






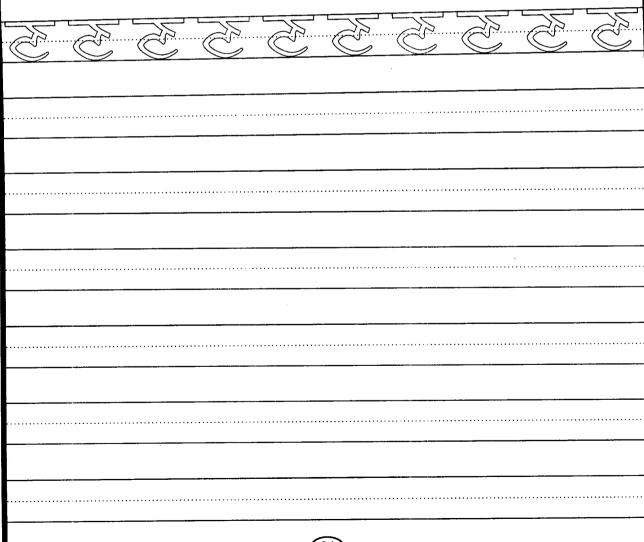


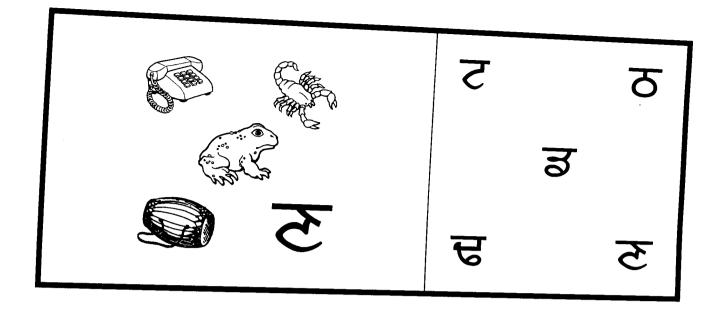


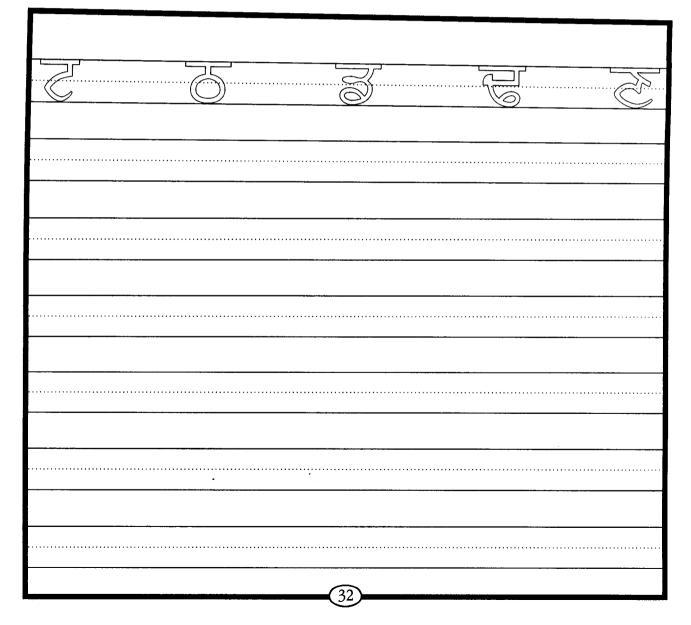


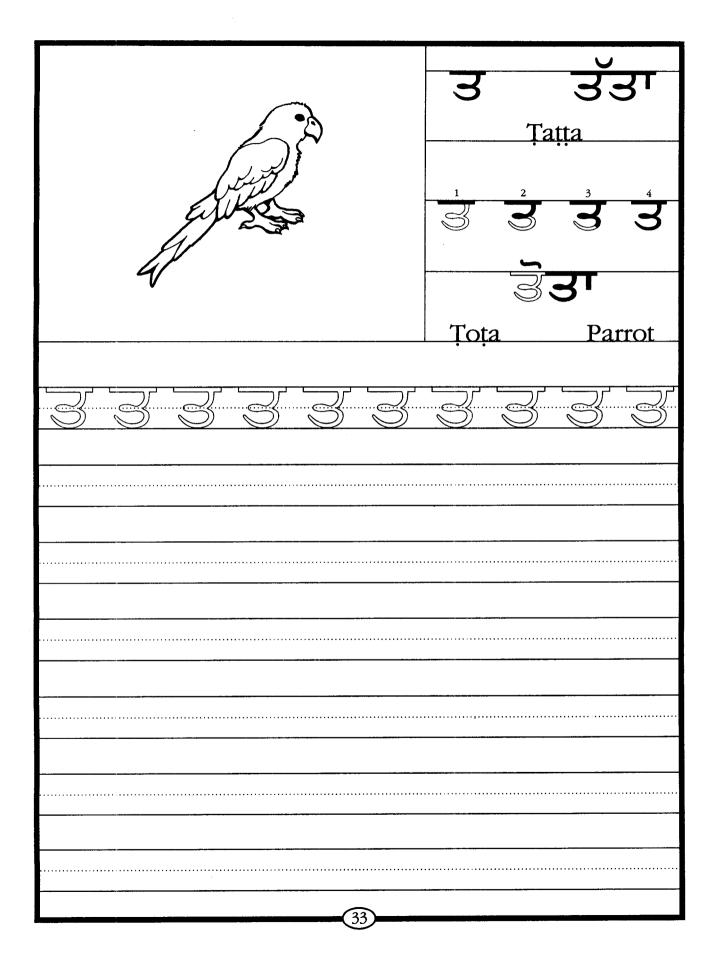
Ņaamia

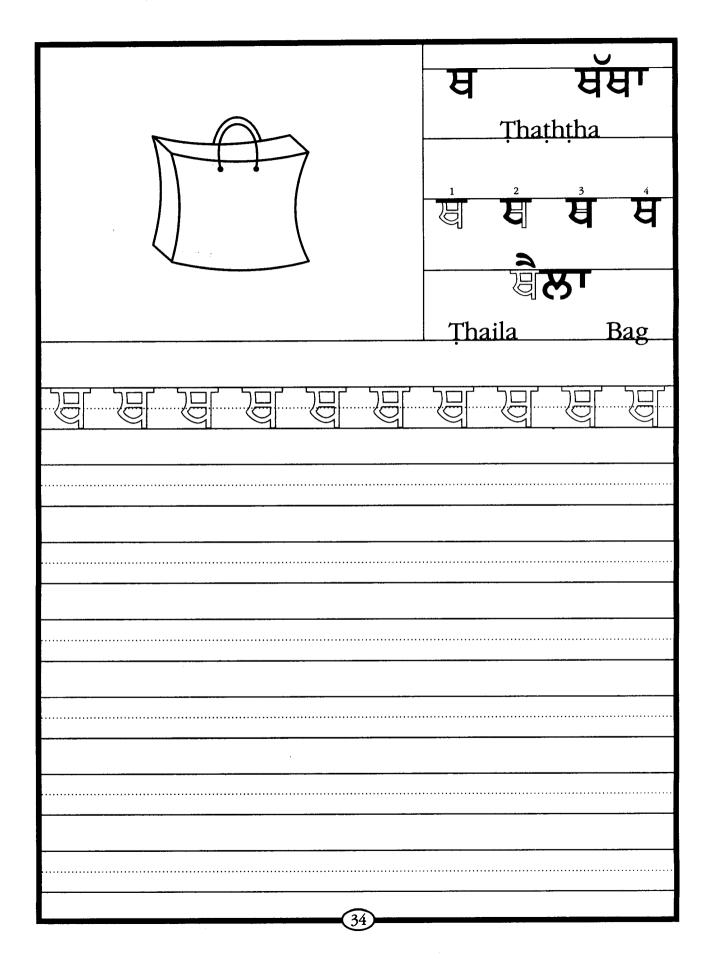
No word begins with this letter

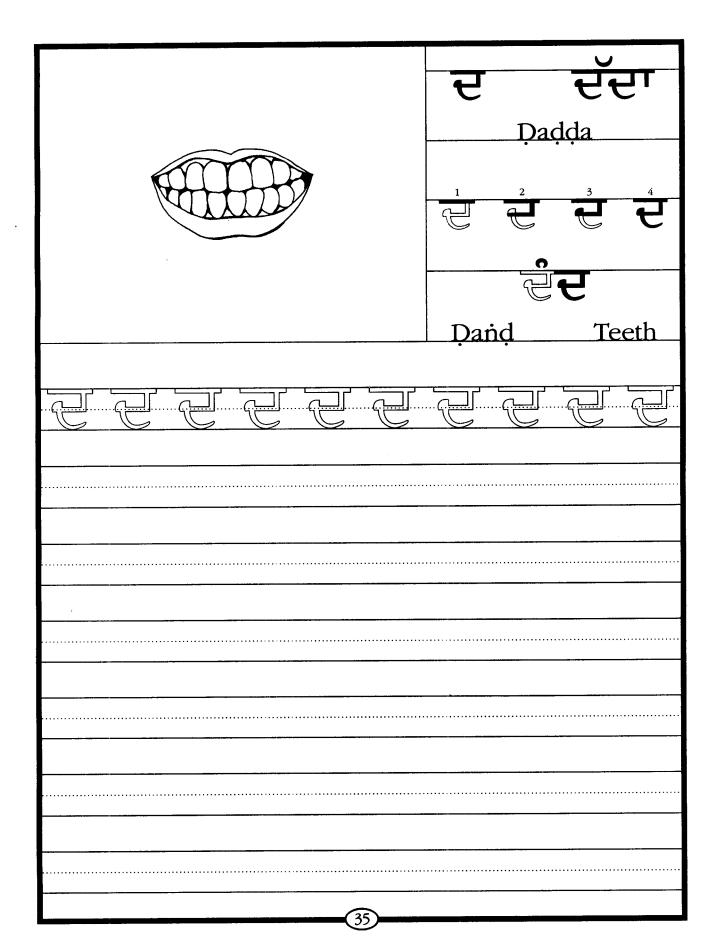


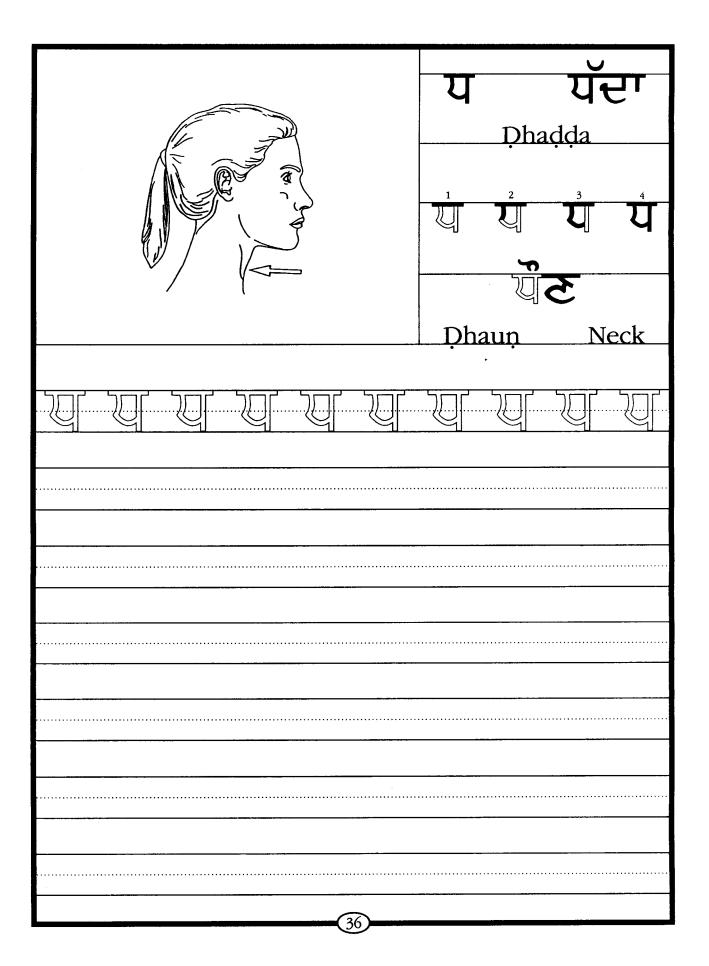


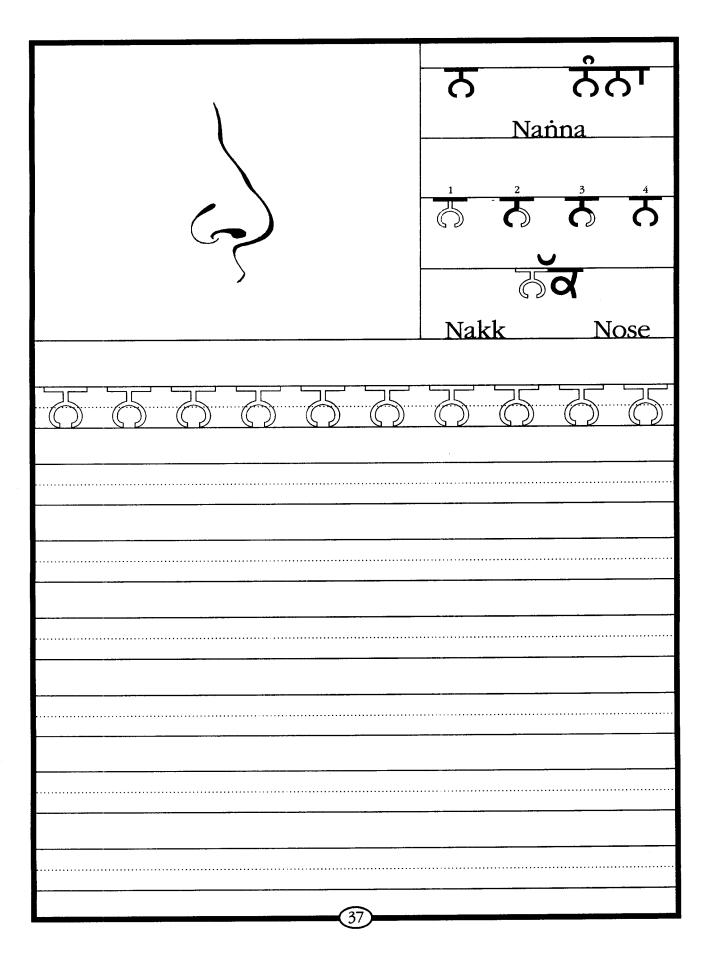


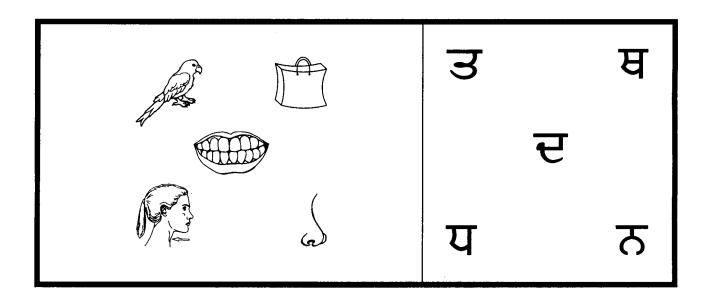


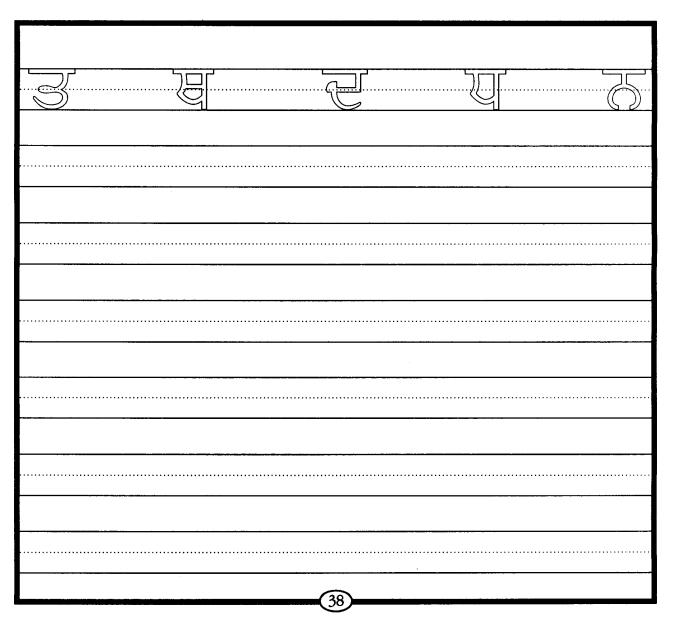


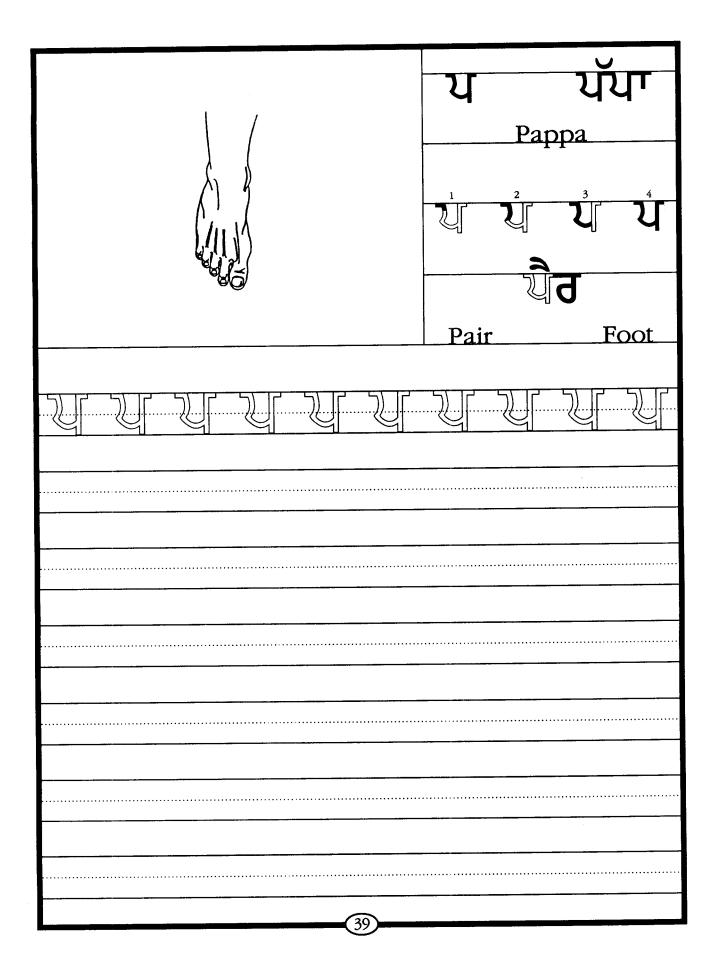


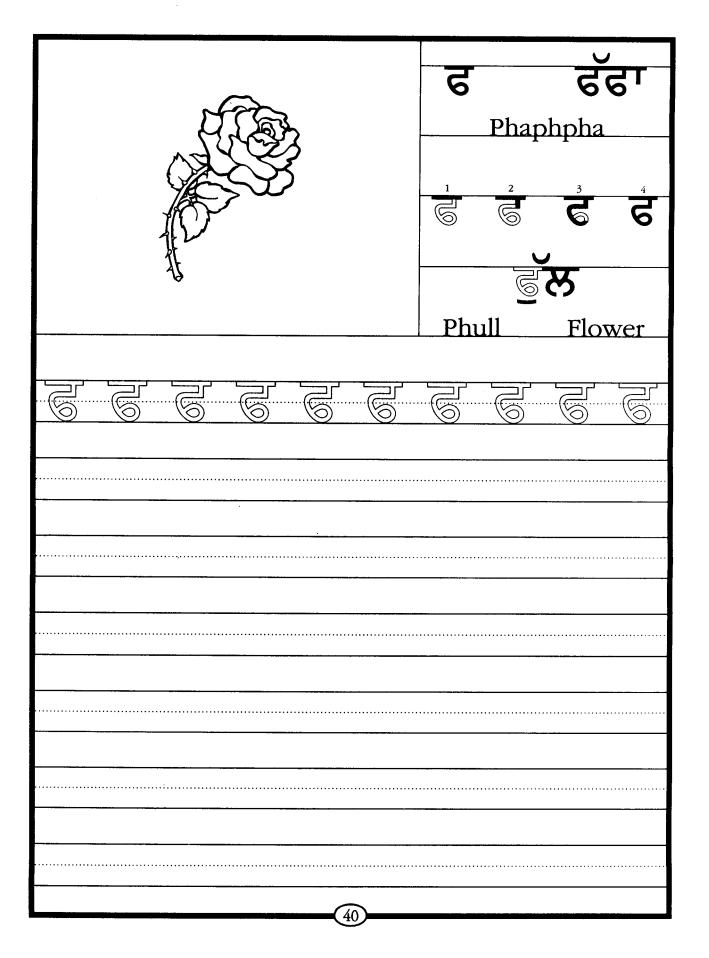


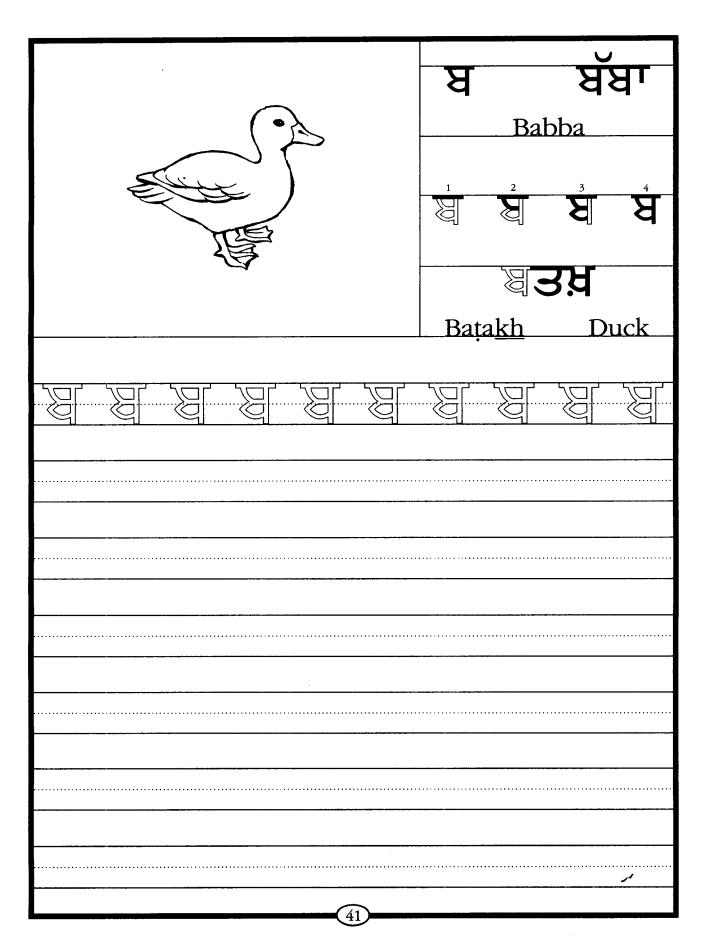


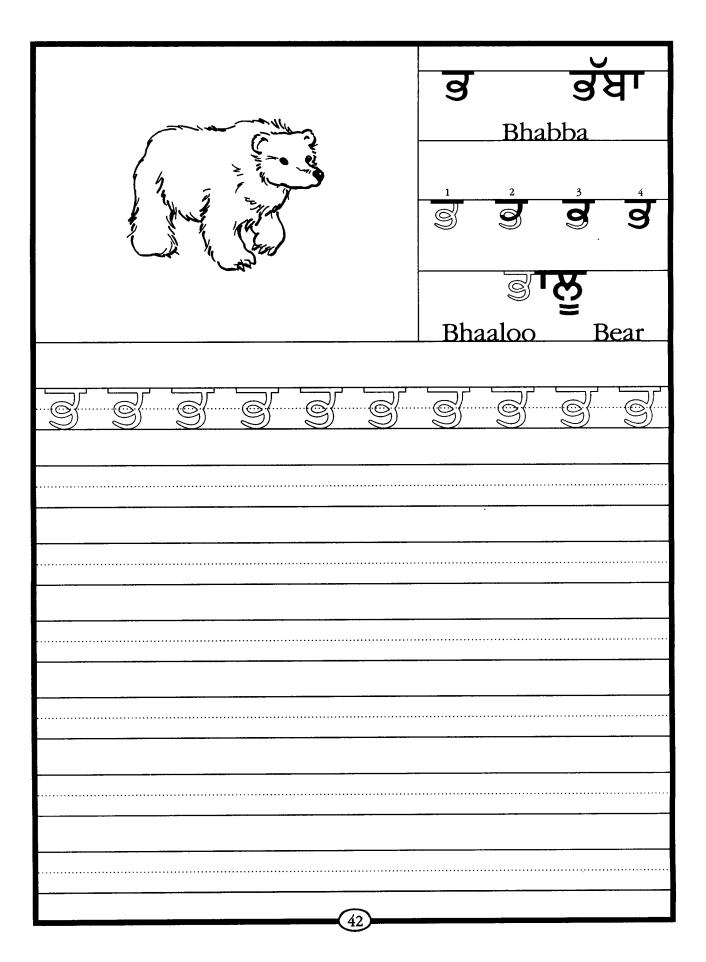


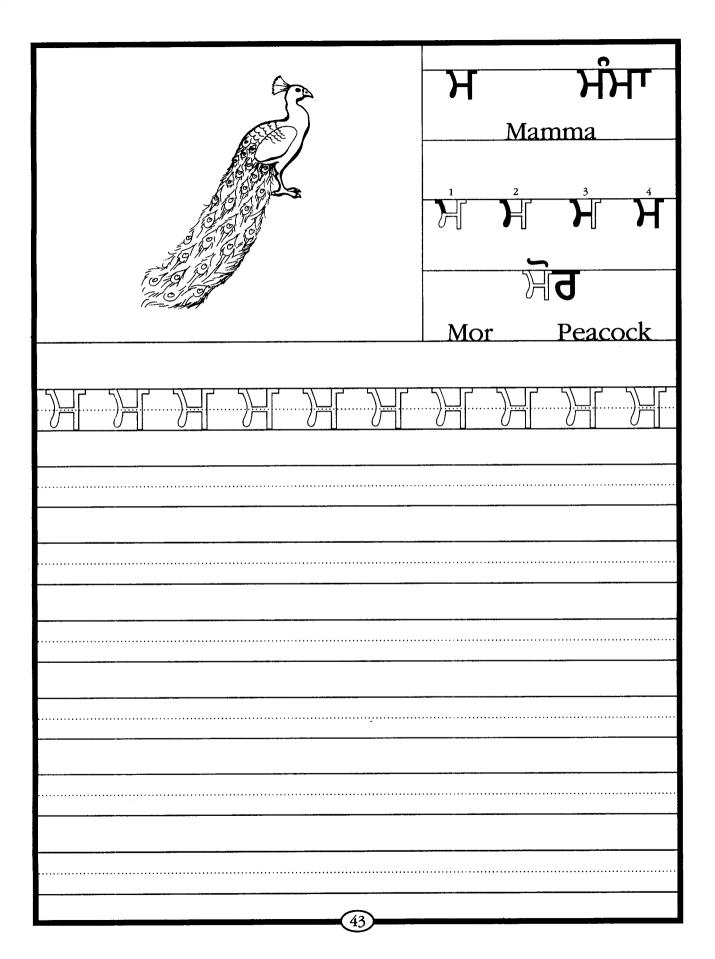


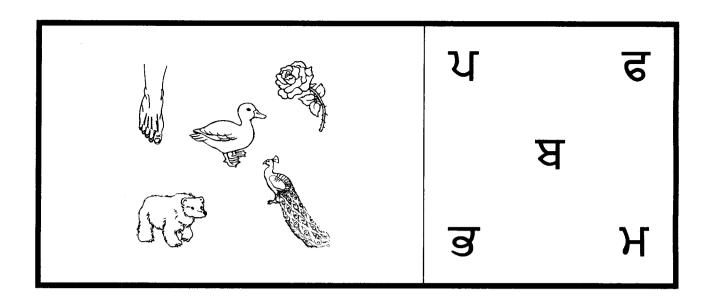


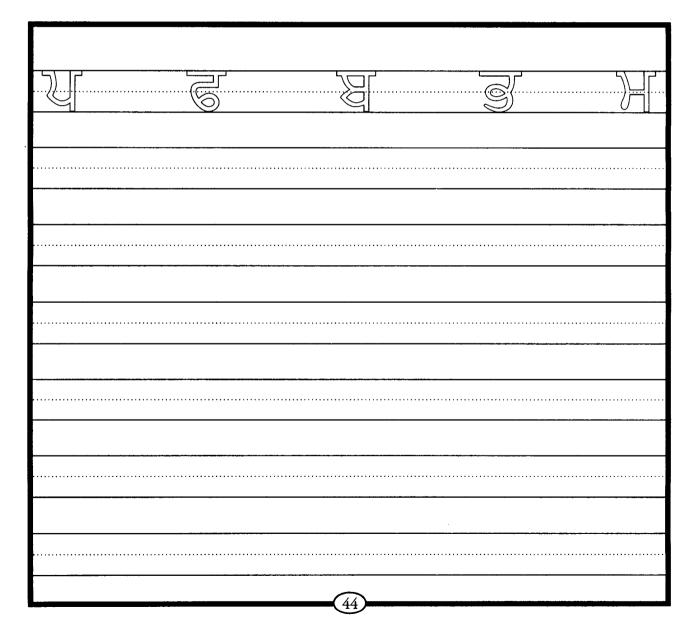




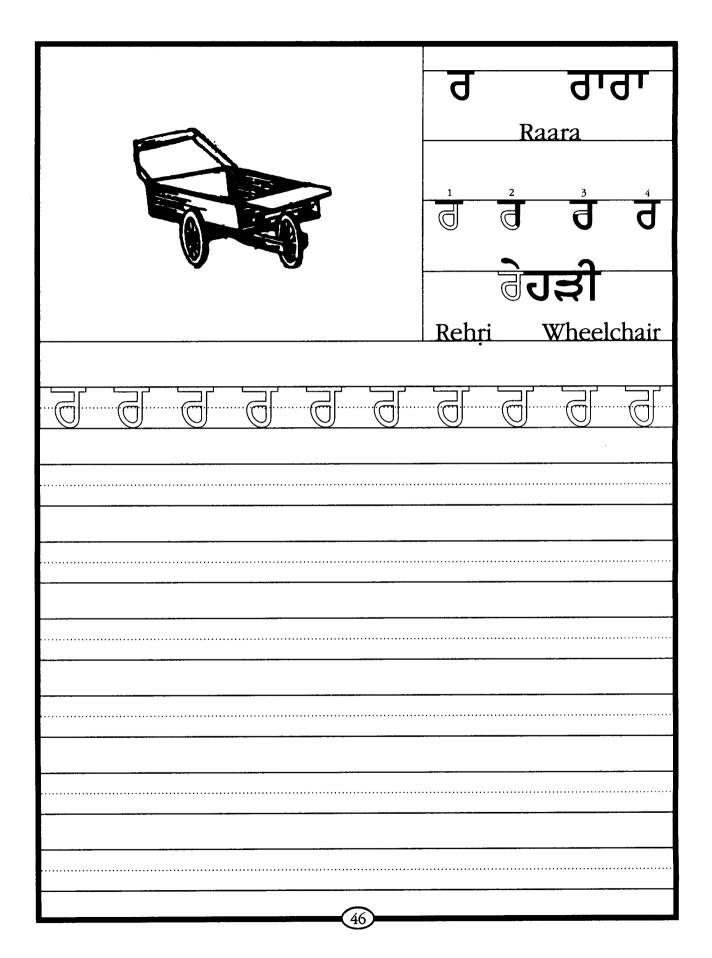


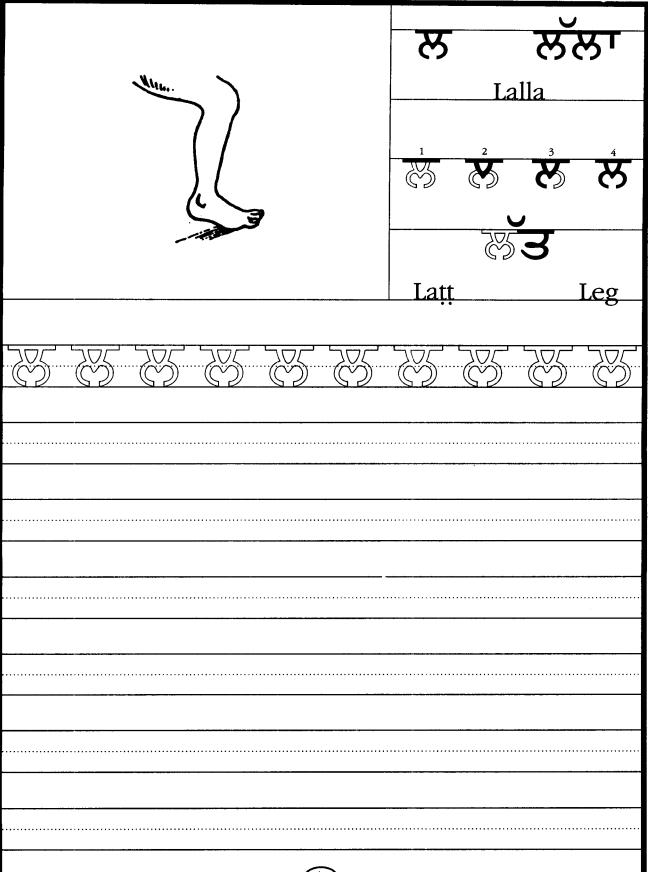


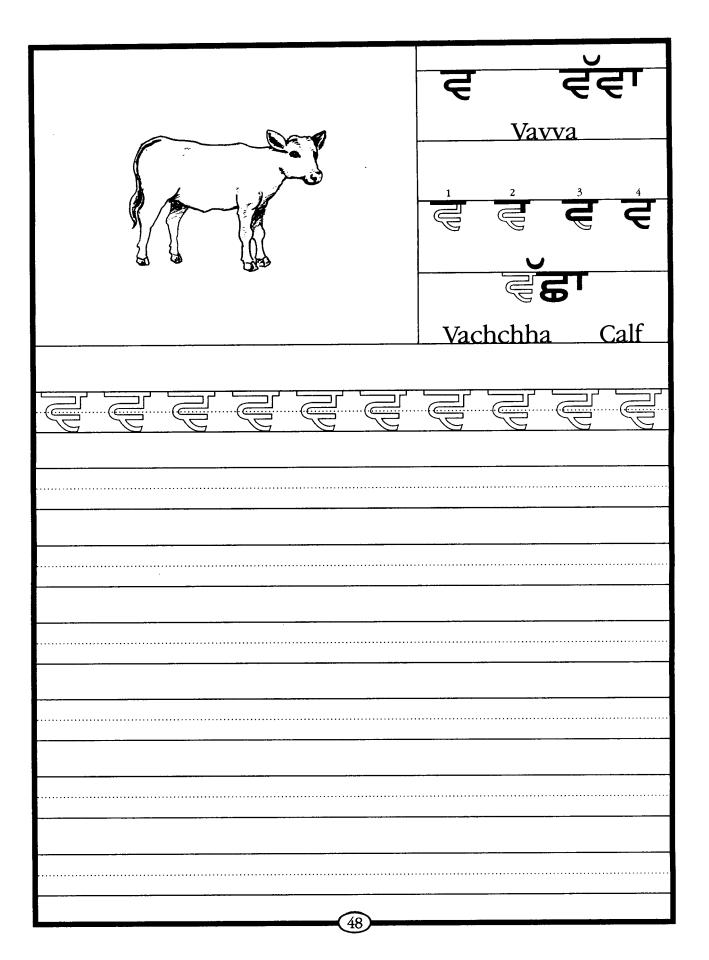


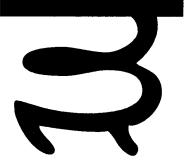


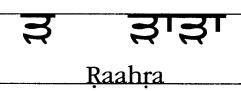
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45)				







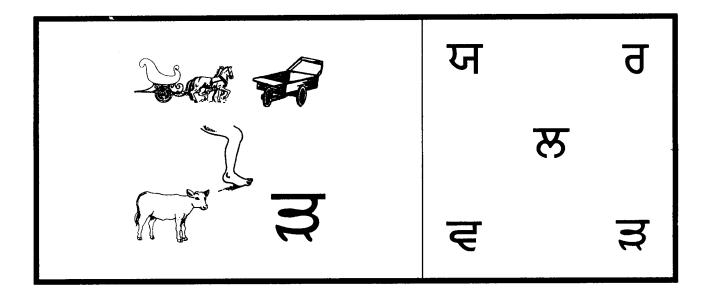


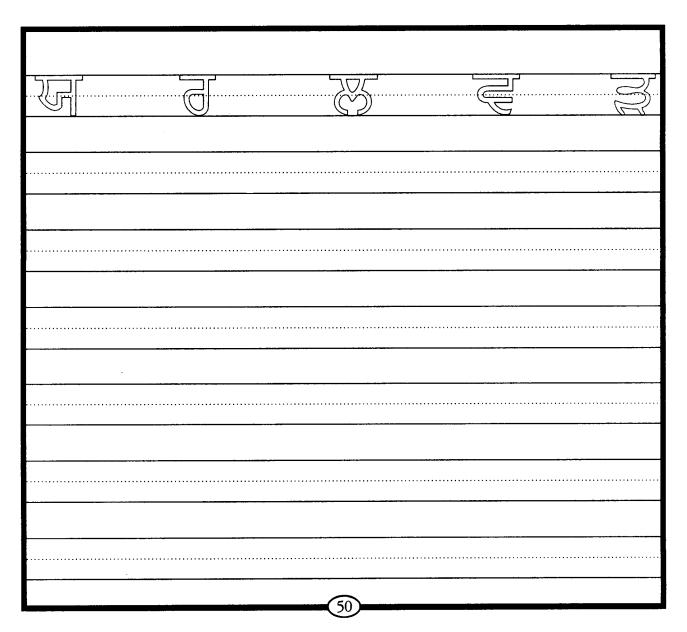


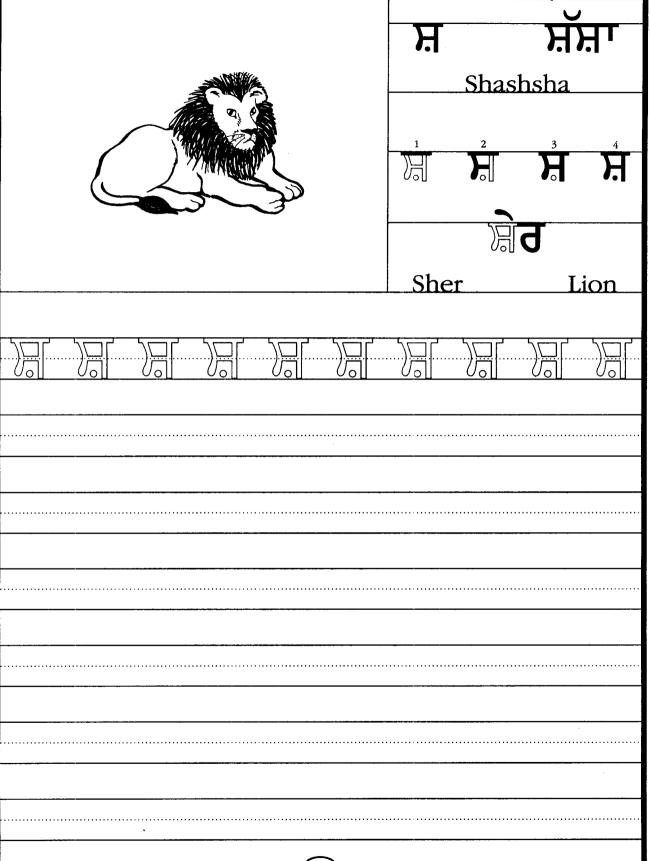


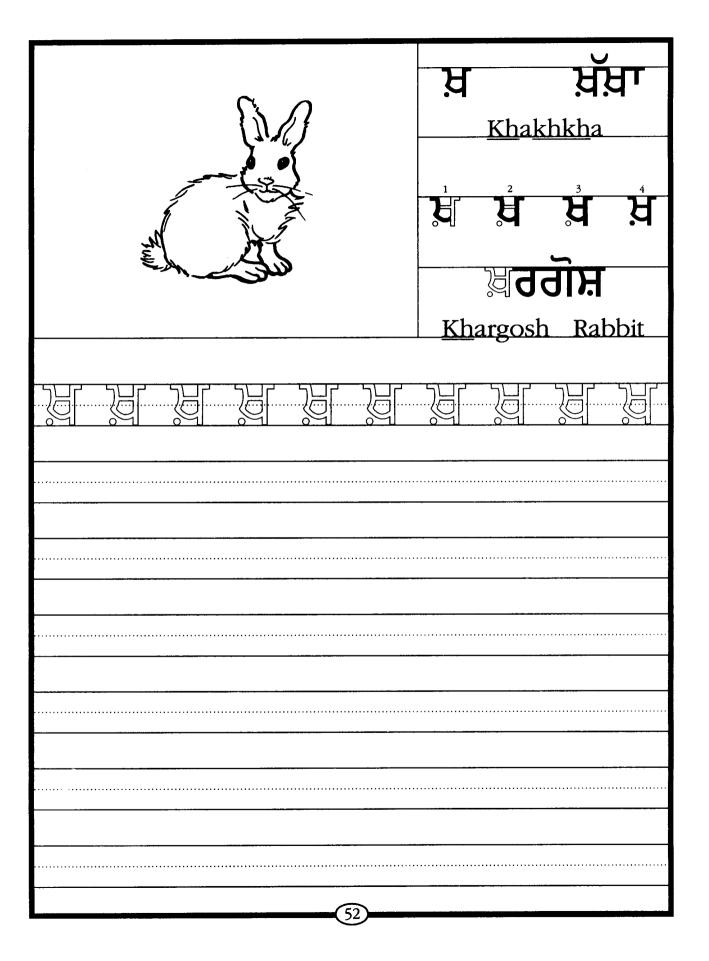
No word begins with this letter

XI U		 	 · · · · · · · · · · · · · · · · · · ·			
	•••	 ,	 		•••••	
			 	1949-1941-1		
• • • • • • • • • • • • • • • • • • • •		 ••••	 			
	· · · · · · · · · · · · · · · · · · ·			<u> </u>		









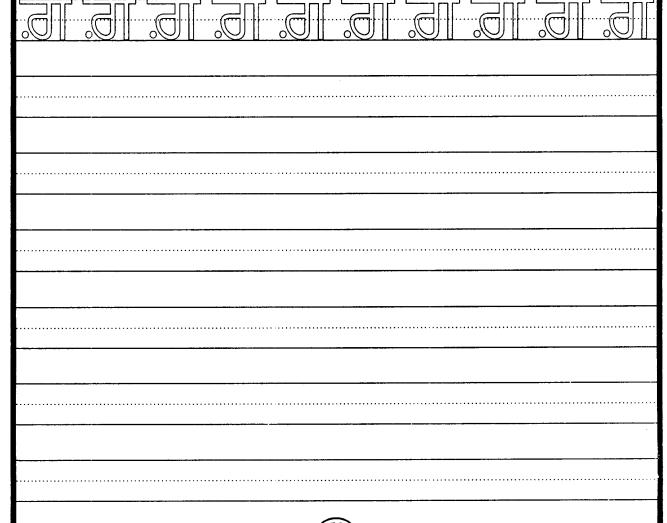


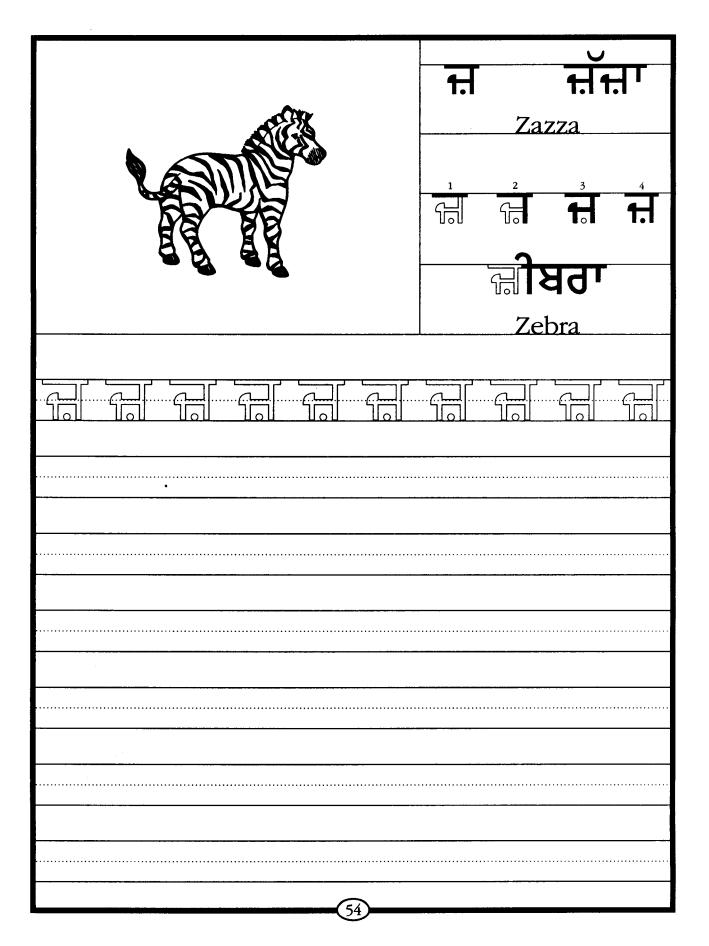
ज्ञा ज्ञांजा

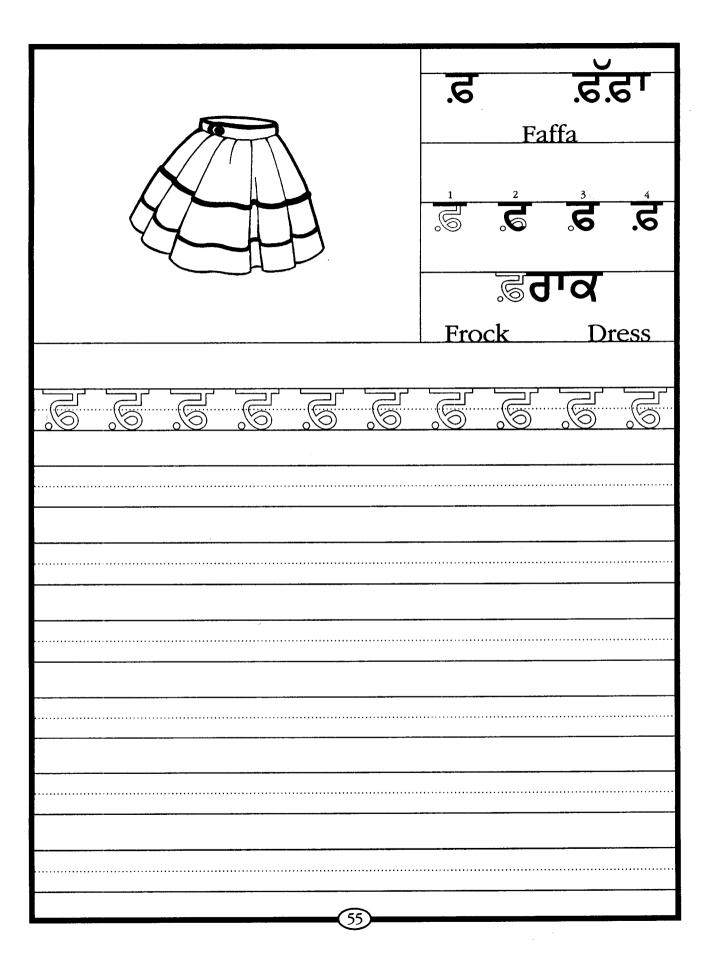
<u>Gh</u>agha

ਗਲੀਚਾ

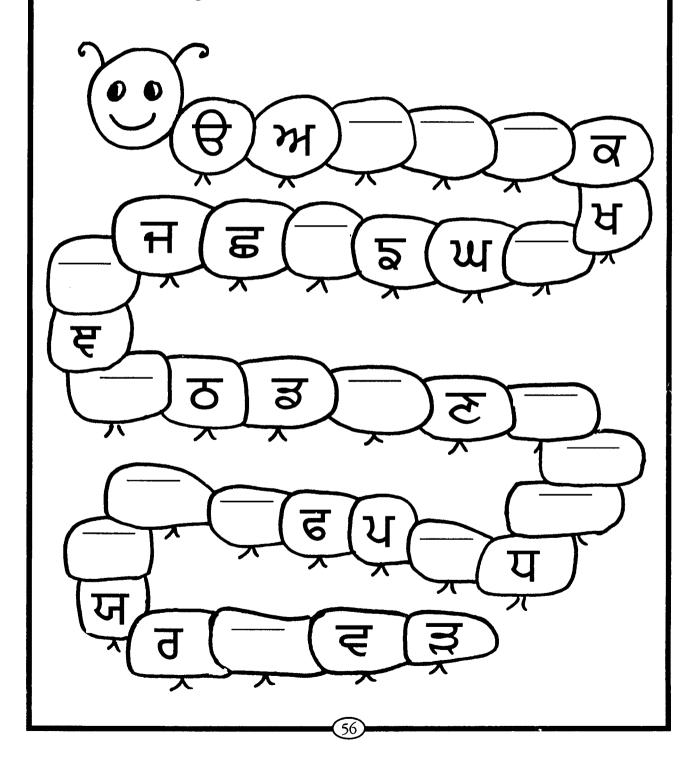
<u>Gh</u>aleecha Rug

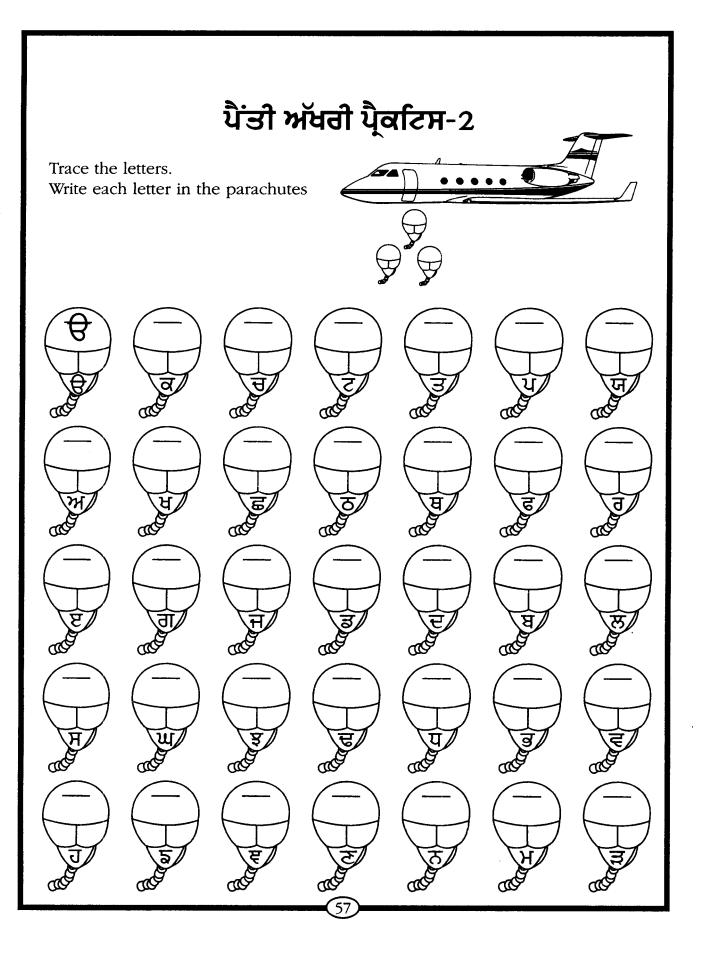




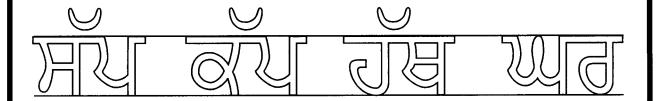


Write in the missing letter:





Trace each word.



Trace each word in the sentence below. Can you read the sentences?

ਘਾਰ ਵਿਚ ਸੰਘ ਹੈ।



ਕੱਧ ਵਿਚ ਗਰਮ ਚਾਹ ਹੈ।

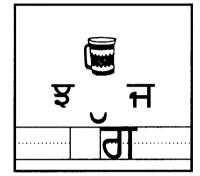


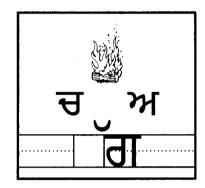
ਹੱਥ ਵਿਚ ਕਮਲ ਦਾ ਫੁੱਲ ਹੈ।

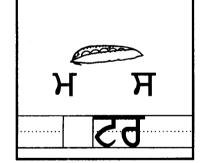


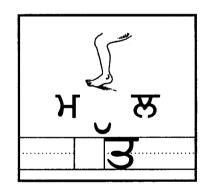
Name each picture. Think about the beginning sound. Write the letter that starts each word. The first one is done for you.

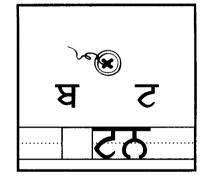


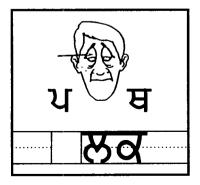


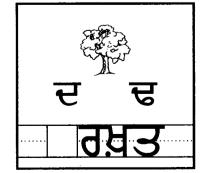


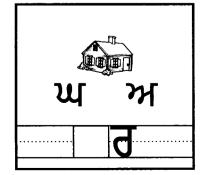






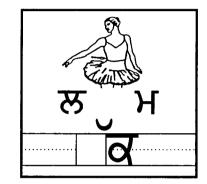


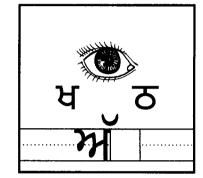


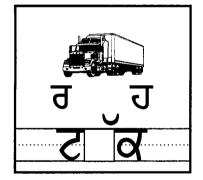


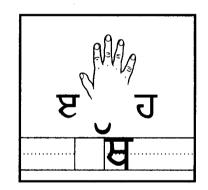
Name each picture. Write the missing letter. The first one is done for you.



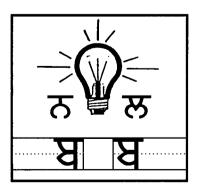


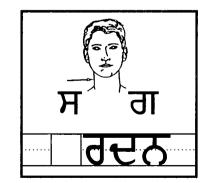


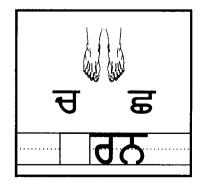




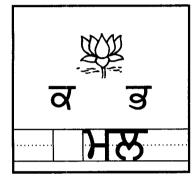


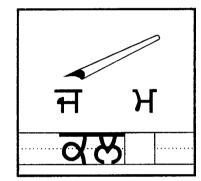


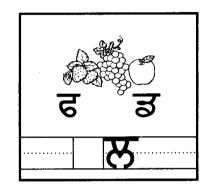


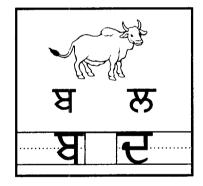


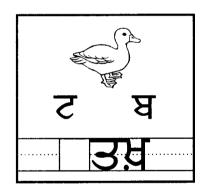
Name each picture. Think about the beginning sound. Write the letter that starts each word.



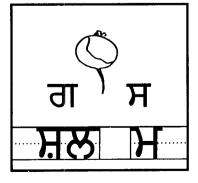


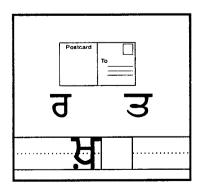


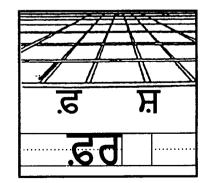












ਸ਼ਬਦਾਂ ਦੀ ਬਨਾਵਟ Word Building

Mukta words are written without any Matras. Letters are written together and joined with one line on the top. Read all the words sounding out each sound. Copy each word in your notebook.

14. ਹ+ਰ+ਦ+ਮ

= ਹਰਦਮ

15. ਹ+ਲ

= ਹਲ

16. ਹ+ਲ+ਚ+ਲ

= ਹਲਚਲ

17. ਕ+ਸ+ਰ+ਤ

= ਕਸਰਤ

18. ਕ+ਦ+ਮ

= ਕਦਮ

19. ਕ+ਣ+ਕ

= ਕਣਕ

20. ਕ+ਮ+ਰ

= ਕਮਰ

21. ਕ+ਮ+ਲ

= ਕਮਲ

22. ਕ+ਰ+ਮ

= ਕਰਮ

23. ਕ+ਲ+ਮ

= ਕਲਮ

24. ਗ+ਜ

= ਗਜ

25. ਗ+ਦ+ਗ+ਦ

= ਗਦਗਦ

26. ਗ਼ + ਮ

= ਗ਼ਮ

27. ਗ+ਰ+ਮ

= ਗਰਮ

28. ਗ+ਰ+ਦ+ਨ

= ਗਰਦਨ

29. ਗ+ਲ+ਗ+ਲ

= ਗਲਗਲ

30. ਗ+੩+ਬ+੩

= ਗੜਬੜ

31. ਘ+ਰ

= ਘਰ

- 32. ਚ+ਰ+ਨ
- 33. ਚ+ਲ
- 34. ਛ+ਕ
- 35. ਛ+ਲ
- 36. ਜ+ਗ+ਤ
- 37. ਜ+ਗ+ਮ+ਗ
- 38. ਜ+ਤ+ਨ
- 39. ਜ+ਪ
- 40. ਜ+ਲ
- 41. ਟ+ਹ+ਲ
- 42. $\sigma + \sigma + \sigma + \sigma$
- 43. ਡ+ਗ+ਮ+ਗ
- 44. ਡ+ਰ
- 45. ਡ+ਲ+ਕ

- 48. ਤ+ਪ+ਸ਼
- 49. ਤ+ਰ

- = ਚਰਨ
- = ਚਲ
- = ਛਕ
- = ਛਲ
- = ਜਗਤ
- = ਜਗਮਗ
- = ਜਤਨ
- = ਜਪ
- = ਜਲ
- = ਟਹਲ
- = ਠਕਠਕ
- = ਡਗਮਗ
- = ਡਰ
- = ਡਲਕ
- = ਤਖ਼ਤ
- = ਤਨ
- = ਤਪਸ਼
- = ਤਰ

- 50. ਤ+ਰ+ਲ
- 51. ਥ+ਣ =
- 52. ਥ+ਲ = ਥਲ

= ਤਰਲ

ਬਣ

- 53. ਦ+ਮ = ਦਮ
- $54. \ e + ਰ + ਖ਼ + ਤ = ਦਰਖ਼ਤ$
- $55. \ e + g + e = ege$
- 57. ਧ + ਨ = ਧਨ
- $58. \quad \mathbf{U} + \mathbf{J} + \mathbf{J} = \mathbf{U} \mathbf{J} \mathbf{J}$
- 60. ਨ + ਗ = ਨਗ
- 61. ਨ + ਬ + ਜ਼ = ਨਬਜ਼
- 63. ਨ+ਲ = ਨਲ
- 65. ਪ + ਗ = ਪਗ
- 66. ਪ + ਬ = ਪਬ

= ਪਰਬਤ

69. ਪ+ਲ

= ਪਲ

70. ਪ+ਲ+ਕ

= ਪਲਕ

71. ਫ਼+ਸ+ਲ

= ਫ਼ਸਲ

72. ਫ+ਲ

= ਫਲ

73. ਬ+ਸ+ਤ+ਰ

= ਬਸਤਰ

74. ਬ+ਚ+ਪ+ਨ

= ਬਚਪਨ

75. ਬ+군+ਨ

= ਬਟਨ

76. ਬ+ਣ

= ਬਣ

77. ਬ+ਣ+ਤ+ਰ

= ਬਣਤਰ

78. ਬ+ਤ+ਖ਼

- = ਬਤਖ਼
- 79. ਬ+ਦ+ਚ+ਲ+ਨ
- = ਬਦਚਲਨ

80. ਬ+ਦ+ਨ

= ਬਦਨ

81. ਬ+ਨ

= ਬਨ

82. ਬ+ਰ+ਕ+ਤ

= ਬਰਕਤ

83. ਬ+ਰ+ਤ+ਨ

= ਬਰਤਨ

84. ਬ+ਰ+ਫ਼

= ਬਰਫ਼

85. ਬ+ਲ+ਦ

= ਬਲਦ

86.	ਬ	+	ੜ	+	ਬ	+	ੜ
\sim	_		'				• •

-- ਕਗਤ

= ਭਗਤ

= ਬੜਬੜ

= ਭਰ

= ਮਸਤ

= ਮਸਤਕ

= ਮਹਕ

= ਮਗਜ਼

= ਮਗਨ

= ਮਗਰਮਛ

= ਮਟਰ

96. ਮ+ਤ+ਲ+ਬ

= ਮਤਲਬ

= ਮਦਦ

= ਮਨ

= ਮਲਮਲ

= ਮਫ਼ਲਰ

= ਯਤਨ

= ਲਸਣ

= ਲਗਭਗ

1	04.	ᄍ	4	ਜ	+	天
T	$\mathbf{U}\mathbf{H}$.	က	1	UI	ı	$\boldsymbol{()}$

= ਲਗਨ

= ਵਸਤ

= ਵਕਤ

= ਵਖ਼ਤ

= ਵਣਜ

= ਵਤਨ

= ਵਰਣਨ

= ਵਲਛਲ

ਸ਼ਰਮ

ਸ਼ਲਗਮ =

= ਸ਼ਰਬਤ

= ਖ਼ਤ

ਖ਼ਬਰ =

$$117. \ \text{ਜ} + \text{ਬ} + \text{ਰ} + \text{ਦ} + \text{ਸ} + \text{ਤ} = \text{ਜ਼ਬਰਦਸਤ}$$

= ਫ਼ਰਕ

= ਫ਼ਰਜ਼

= ਫ਼ਰਸ਼

ਸੁਲੇਖ—ਹੇਠ ਲਿਖੇ ਸ਼ਬਦ ਲਕੀਰ 'ਤੇ ਲਿਖੋ

$$\mathcal{M} + \mathcal{G} + \mathcal{A} + \mathcal{A} = \underline{\hspace{1cm}}$$

$$\mathcal{H} + \mathcal{E} + \mathcal{J} + \mathcal{A} = \underline{\hspace{1cm}}$$

$$M + \Xi + \Theta + \mathcal{E} = \underline{\hspace{1cm}}$$

$$\pi + 3 + 3 =$$

ਸੁਲੇਖ—ਹੇਠ ਲਿਖੇ ਸ਼ਬਦ ਲਕੀਰ 'ਤੇ ਲਿਖੋ

$$\overline{\upsilon} + \overline{\upsilon} + \overline{\upsilon} + \overline{\upsilon} = \underline{}$$

ਸੁਲੇਖ—ਹੇਠ ਲਿਖੇ ਸ਼ਬਦ ਲਕੀਰ 'ਤੇ ਲਿਖੋ

$$\overline{e} + \overline{g} + \overline{e} + \overline{g} = 0$$

= _____

= _____

= ______

=

=

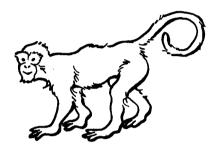
$$\mu + \sigma + \mu + \epsilon =$$

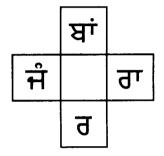
ਸ਼ਬਦਾਂ ਦੀ ਬਨਾਵਟ

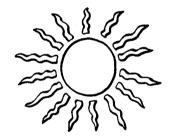
Fill in the blanks.

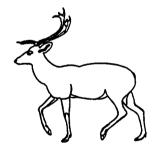
Write the correct word under each picture.

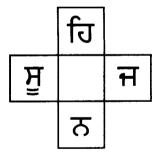
















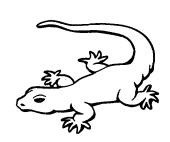
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ਇ		ਲੂ
	अ	

ਸ਼ਬਦਾਂ ਦੀ ਬਨਾਵਟ

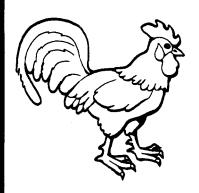
Fill in the blanks.

Write the correct word under each picture.

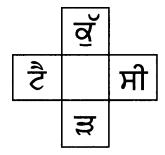




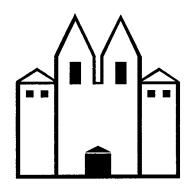
			ਟੈ
ह्नि	ਪ	ਕ	
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			ਨ







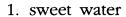




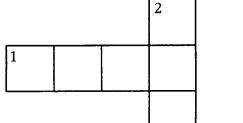
	ਇ		
ट		<u>ا</u>	ਰ
	ਰ		
	ਲ		

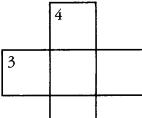
ਸ਼ਰਬਤ	ਬਰਫ਼	ਖ਼ਤ	ਵਲਛਲ	ਦਲਦਲ	ਬਤਖ਼
ਸਰਲ	ਤਰ	ਬਲਦ	ਤਨ	ਮਨ	ਡਲਕ

Read the Punjabi words written above. Read the English meanings written below. Fill in the boxes with correct words.









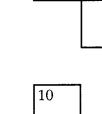
4. easy

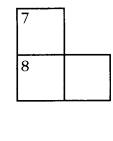


6. shine



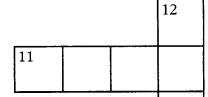
8. armenian cucumber





- 9. heart
- 10. body





- 11. tricks
- 12. swamp

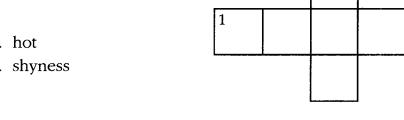
ਅਚਕਨ	ਹਰਕਤ	ਗਰਮ	ਸ਼ਰਮ	ਜਤਨ	ਯਤਨ
ਵਕਤ	ਨਕਲ	ਦਰਦ	ਤਰਲ	ਮਗਜ਼	ਜਗਤ

Read the Punjabi words written above. Read the English meanings written below. Fill in the boxes with correct words.

- 1. a special type of jacket suit
- 2. movement/action

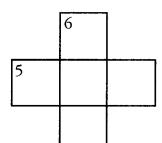


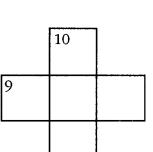
4. shyness



3

- 5. time
- б. сору
- 7. liquid
- 8. pain
- 9. effort
- 10. effort
- 11. world
- 12. melon seeds

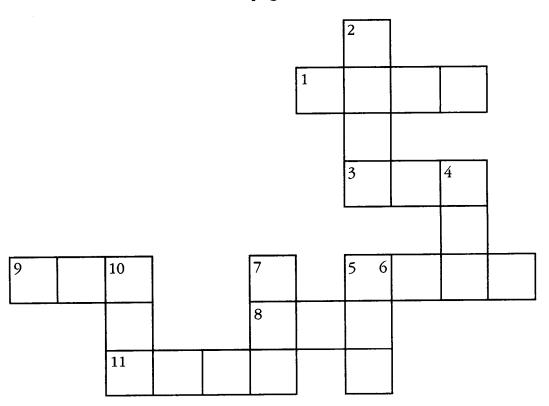




	12	
11		

ਫ਼ਰਸ਼ ਬਰਫ਼ ਕਲਮ ਮਟਰ ਨਰਮ ਕਣਕ ਅਚਕਨ ਬਚਪਨ ਕਸਰਤ ਸ਼ਲਗਮ ਲਸਣ

In the Crossword Puzzle below, write the vocabulary words listed above. Use the clues at the bottom of the page.



Across:

- 1. special jacket
- 3. soft
- 5. excercise
- 8. garlic
- 9. ice/snow
- 10. floor

Down:

- 2. childhood
- 4. peas
- 6. wheat
- 7. bamboo pen
- 11. turnip

ਧਰਮ ਪਲਕ ਵਸਤ ਤਖ਼ਤ ਤਰਲ ਭਰਮ ਪਰਬਤ ਲਗਭਗ ਅਦਰਕ ਦਰਖ਼ਤ

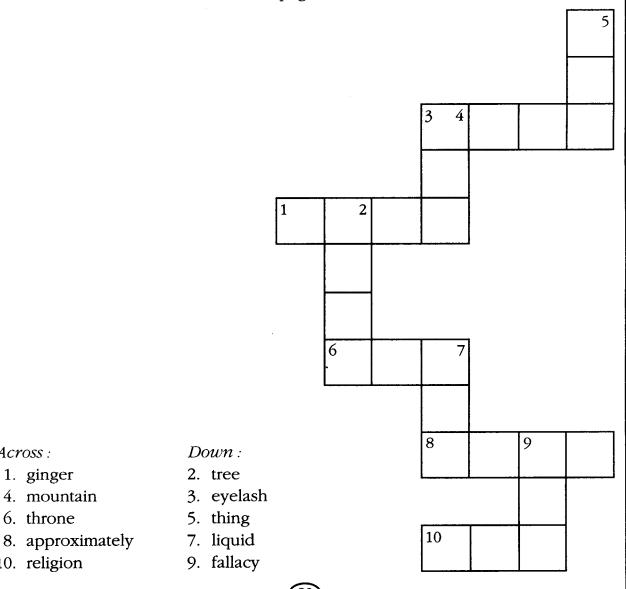
In the Crossword Puzzle below, write the vocabulary words listed above. Use the clues at the bottom of the page.

Across:

1. ginger 4. mountain

6. throne

10. religion



ਮਗਰਮਛ	ਛਲ	ਧਨ	ਫ਼ਰਕ	ਮਫ਼ਲਰ	ਕਮਰ
ਮਤਲਬ	ਦਰਦ	ਬਰਤਨ੍ਹ	ਕਸਰਤ	ਜਤਨ	ਧਰਮ

In the Crossword Puzzle below, write the vocabulary words listed above. To find the meanings, use the clues at the bottom of the page.

			1 2	3	:	
				4		
			5 6			7
	8 9				<u>.</u>	
				12		
10			11			

Across:

- 2. religion
- 4. difference
- 6. crocodile
- 8. excercise
- 10. pain
- 11. dishes

Down:

- 1. money
- 3. shawl
- 5. meaning
- 7. deceit
- 9. waist
- 12. effort

ਸੜਕ	ਬਟਨ	ਬਤਖ਼	ਜਗਤ	ਗਜ	ਸਰਲ
ਅੜਚਰ	ਣ ਵਡਾ	≀ਣ ਵਰ	ਨਿਣ ਸ	ਵਰਗ ਕ	ਵਲਛਲ

In the Crossword Puzzle below, write the vocabulary words listed above. Use the clues at the bottom of the page.

									2	1	
							3	4			
	9	10	7		5	6					
			8								
11			-	Across : 2. roa		J			<i>own :</i> 1. huro	ile	

- 4. greatness
- 6. button
- 8. world
- 9. heaven
- 11. easy

- 3. description
- 5. duck
- 7. yard
- 10. crookedness

ਇਕ-ਸੁਰ ਵਾਲੇ ਸ਼ਬਦ Rhyming Words

Find the rhyming words for the following words from the list words.

1.	ਮਨ	ਤਨ
2.	ਸਰਲ	· · · · · · · · · · · · · · · · · · ·
3.	ਹਰਕਤ	*,
4.	ਹਲਚਲ	
5.	ਗਰਮ	
6.	ਸਖ਼ਤ	
7.	ਚਲ	
8.	ਅਕਲ	
9.	ਸਰਦ	
10.	ਡਗਮਗ	
11.	ਜਲਦ	
12.	ਜਤਨ	
13.	ਮਰਦ	
14.	ਸ਼ਰਨ	
15.	ਡਲਕ	
16.	ਜਲ	
17.	ਬੜਬੜ	
18.	ਹਰਜ	
19.	ਮਲਮਲ	
20.	ਲਗਨ	

ਮੁਕਤਾ ਸ਼ਬਦ ਸ਼ਬਦਾਵਲੀ

There are many Mukta words in Punjabi that are used in everyday conversation. Read all the words and learn their meanings.

Punj	iabi Word	Pronunciation	Meaning
1.	ਅਚਕਨ	achkan	special type of jacket suit
2.	ਅਦਰਕ	aḍrak	ginger
3.	ਅੜਚਣ	aṛchaṇ	hurdle
4.	ਸਭ	sabh	all
5.	ਸਨ	san	were
6.	ਸੜਕ	saṛak	road
7.	ਸਰਪਰਸਤ	sarprasț	person incharge
8.	ਸਰਲ	saral	easy
9.	ਸਵਰਗ	swarg	heaven
10.	ਸਫ਼ਰ	safar	travel
11.	ਹਨ	han	are
12.	ਹਰ	har	every
13.	ਹਰਕਤ	harkaț	action
14.	ਹਰਦਮ	harḍam	all the time
15.	ਹਲ	hal	plough
16.	ਹਲਚਲ	halchal	commotion
17.	ਕਸਰਤ	kasraț	excercise
18.	ਕਦਮ	kaḍam	step
19.	ਕਣਕ	kaṇak	wheat
20.	ਕਮਰ	kamar	waist

Punjabi Word	Pronunciation	Meaning
21. ਕਮਲ	kamal	lotus
22. ਕਰਮ	karam	actions
23. ਕਲਮ	kalam	bamboo pen
24. ਗਜ਼	gaz	yard
25. ਗਦਗਦ	gaḍgaḍ	very happy
26. ਗ਼ਮ	<u>gh</u> am	worry
27. ਗਰਮ	garam	hot
28. ਗਰਦਨ	garḍan	neck
29. ਗਲਗਲ	galgal	a sour citrus fruit
30. ਗੜਬੜ	gaṛbaṛ	wrong
31. ਘਰ	ghar	house
32. ਚਰਨ	charan	feet
33. ਚਲ	chal	go
34. ਛਕ	chhak	eat
35. ਛਲ	chhal	deceit
36. ਜਗਤ	jagaț	world
37. ਜਗਮਗ	jagmag	shimmer
38. ਜਤਨ	jaṭan	effort
39. ਜਪ	jap	remember
40. ਜਲ	jal	water
41. ਟਹਲ	tehal	sewa
42. ਠਕਠਕ	thak-thak	knock (noun)
43. ਡੋਗਮਗ	dagmag	unbalanced
44. ਡਰ	dar	fear
45. ਡਲਕ	dalak	shine
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Punje	abi Word	Pronunciation	Meaning
46.	ਤਖ਼ਤ	ṭa <u>kh</u> aṭ	throne
47.	ਤਨ	ṭan	body
48.	ਤਪਸ਼	ṭapash	heat
49.	ਤਰ	ṭar	armenian cucumber
50.	ਤਰਲ	ṭaral	liquid
51.	ਥਣ	ṭhaṇ	teats
52.	ਥਲ	ṭhal	land
53.	ਦਮ	ḍam	breath
54.	ਦਰਖ਼ਤ	ḍra <u>kh</u> aṭ	tree
55.	ਦਰਦ	ḍaraḍ	pain
56.	ਦਲਦਲ	ḍalḍal	swamp
57.	यत	ḍhan	money
58.	ਧਰਮ	ḍharam	religion
59.	ਨਕਲ	nakal	copy/imitate
60.	ਨਗ	nag	gem
61.	ਨਬਜ਼	nabaz	pulse
62.	ਨਰਮ	naram	soft
63.	ਨਲ	nal	tap
64.	ਨਵਰਤਨ	navraṭan	nine gemmed
65.	ਪਗ	pag	step/foot
66.	ਪਬ	pab	width of foot
67.	ਪਰਗਟ	pargat	appear
68.	ਪਰਬਤ	parbaț	mountain
69.	ਪਲ	pal	moment
70.	ਪਲਕ	palak	eyelash
89			

71. ਫ਼ਸਲ fasal crop 72. ਫਲ phal fruit 73. ਬਸਤਰ basṭar clothes 74. ਬਚਪਨ bachpan childhood 75. ਬਟਨ batan button 76. ਬਣ baṇ be 77. ਬਣਤਰ baṇṭar make (noun) 78. ਬਤਖ਼ baṭakh duck 79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ baḍan body 81. ਬਨ ban forest 82. ਬਰਕਤ barṭan dishes 83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ masṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਰਜ਼ magaz seeds of melon	Punje	abi Word	Pronunciation	Meaning
73. ਬਸਤਰ bastar clothes 74. ਬਚਪਨ bachpan childhood 75. ਬਟਨ batan button 76. ਬਣ ban be 77. ਬਣਤਰ bantar make (noun) 78. ਬਤਖ਼ batakh duck 79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ badan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkat plentiness 83. ਬਰਤਨ bartan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ bald ox 86. ਬੜਬੜ barbar mumble 87. ਭਗਤ bhagat sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ mast deeply involved 90. ਮਸਤਕ mastaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਰਾਜ਼ magaz seeds of melon	71.	ਫ਼ਸਲ	fasal	crop
74. ਬਚਪਨ bachpan childhood 75. ਬਟਨ batan button 76. ਬਣ ban be 77. ਬਣਤਰ bantar make (noun) 78. ਬਤਖ਼ batakh duck 79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ badan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkat plentiness 83. ਬਰਤਨ bartan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ bald ox 86. ਬੜਬੜ barbar mumble 87. ਭਗਤ bhar fill 89. ਮਸਤ mast deeply involved 90. ਮਸਤਕ mastaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	72.	ਫਲ	phal	fruit
75. ਬਟਨ batan button 76. ਬਣ ban be 77. ਬਣਤਰ bantar make (noun) 78. ਬਤਖ਼ batakh duck 79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ badan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkat plentiness 83. ਬਰਤਨ bartan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ bald ox 86. ਬੜਬੜ barbar mumble 87. ਭਗਤ bhagat sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ mast deeply involved 90. ਮਸਤਕ mastaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	73.	ਬਸਤਰ	basṭar	clothes
76. ਬਣ baṇ be 77. ਬਣਤਰ baṇṭar make (noun) 78. ਬਤਖ਼ baṭakh duck 79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ baḍan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkaṭ plentiness 83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṭ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ maṣṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	74.	ਬਚਪਨ	bachpan	childhood
77. ਬਣਤਰ baṇṭar make (noun) 78. ਬਤਖ਼ baṭakh duck 79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ baḍan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkaṭ plentiness 83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ maṣṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਰਾਜ਼ magaz seeds of melon	<i>75</i> .	ਬਟਨ	batan	button
78. ਬਤਖ਼ baṭakh duck 79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ baḍan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkaṭ plentiness 83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ maṣṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਰਾਜ਼ magaz seeds of melon	76.	ਬਣ	baņ	be
79. ਬਦਚਲਨ badchalan bad character/behaviour 80. ਬਦਨ badan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkat plentiness 83. ਬਰਤਨ bartan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ bald ox 86. ਬੜਬੜ barbar mumble 87. ਭਗਤ bhagat sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ mast deeply involved 90. ਮਸਤਕ mastaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	<i>7</i> 7.	ਬਣਤਰ	baṇṭar	make (noun)
80. ਬਦਨ baḍan body 81. ਬਨ ban forest 82. ਬਰਕਤ barkaṭ plentiness 83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ maṣṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	78.	ਬਤਖ਼	baṭa <u>kh</u>	duck
81. ਬਨ ban forest 82. ਬਰਕਤ barkaṭ plentiness 83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ masṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	79.	ਬਦਚਲਨ	badchalan	bad character/behaviour
82. ਬਰਕਤ barkaṭ plentiness 83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ maṣṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	80.	ਬਦਨ	baḍan	body
83. ਬਰਤਨ barṭan dishes 84. ਬਲ bal force/strength 85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ masṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	81.	ਬਨ	ban	forest
84. ਬਲ bal force/strength 85. ਬਲਦ bald ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ maṣṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	82.	ਬਰਕਤ	barkaț	plentiness
85. ਬਲਦ balḍ ox 86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ maṣṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	83.	ਬਰਤਨ	barṭan	dishes
86. ਬੜਬੜ baṛbaṛ mumble 87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ masṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	84.	ਬਲ	bal	force/strength
87. ਭਗਤ bhagaṭ sage/saint 88. ਭਰ bhar fill 89. ਮਸਤ masṭ deeply involved 90. ਮਸਤਕ masṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	85.	ਬਲਦ	balḍ	OX
88. ਭਰ bhar fill 89. ਮਸਤ mast deeply involved 90. ਮਸਤਕ mastaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	86.	ਬੜਬੜ	baṛbaṛ	mumble
89. ਮਸਤ mast deeply involved 90. ਮਸਤਕ mastaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	87.	ਭਗਤ	bhagaṭ	sage/saint
90. ਮਸਤਕ masṭaq forehead 91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	88.	ਭਰ	bhar	fill
91. ਮਹਿਕ maihak fragrance 92. ਮਗਜ਼ magaz seeds of melon	89.	ਮਸਤ	masț	deeply involved
92. ਮਗਜ਼ magaz seeds of melon	90.	ਮਸਤਕ	masṭaq	forehead
,	91.	ਮਹਿਕ	maihak	fragrance
1	92.	ਮਗਜ਼	magaz	seeds of melon
93. ਮਗਨ magan busy	93.	ਮਗਨ	magan	busy
94. ਮਗਰਮਛ magarmachh crocodile	94.	ਮਗਰਮਛ	magarmachh	crocodile
95. ਮਟਰ matar peas	95.	ਮਟਰ		peas

Punjabi Word	Pronunciation	Meaning
96. ਮਤਲਬ	maṭlab	meaning
97. ਮਦਦ	maḍaḍ	help
98. ਮਨ	man	heart
99. ਮਲਮਲ	malmal	muslin
100. ਮਫ਼ਲਰ	maflar	shawl
101. ਯਤਨ	yaṭan	effort
102. ਲਸਣ	lasaņ	garlic
103. ਲਗਭਗ	lagbhag	approximately
104. ਲਗਨ	lagan	interest
105. ਵਸਤ	vasaț	thing
106. ਵਕਤ	vaqaṭ	time
107. ਵਖ਼ਤ	va <u>kh</u> aț	problem
108. ਵਣਜ	vaṇaj	business
109. ਵਤਨ	vaṭan	country
110. ਵਰਣਨ	varṇan	description
111. ਵਲਛਲ	valchhal	crookedness
112. ਸ਼ਰਮ	sharam	shyness
113. ਸ਼ਲਗਮ	shalgam	turnip
114. ਸ਼ਰਬਤ	sharbat	sweetened water
115. ਖ਼ਤ	<u>kh</u> aț	letter
116. ਖ਼ਬਰ	<u>kh</u> abar	news
117. ਜ਼ਬਰਦਸਤ	zabarḍasṭ	wounderful
118. ਫ਼ਰਕ	fark	difference
119. ਫ਼ਰਜ਼	farz	duty
120. ਫ਼ਰਸ਼	farsh	floor
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ਸ਼ਬਦਾਂ ਦੀ ਪਛਾਣ

In the words written in each row, one word does not belong with the others. Draw a circle around that word.

1.	ਤਰ	ਅਦਰਕ	ਮਲਮਲ	ਲਸਣ
2.	ਕਮਰ	ਗਰਦਨ	ਪਲਕ	ਮਫ਼ਲਰ
3.	ਗਲਗਲ	ਮਟਰ	ਬਰਤਨ	ਮਗਜ਼
4.	ਕਣਕ	ਪਰਬਤ	ਸ਼ਲਗਮ	ਸ਼ਰਬਤ
5.	ਬਲਦ	ਬਸਤਰ	ਮਗਰਮਛ	ਬਤਖ਼
6.	ਸੜਕ	ਜਗਮਗ	ਪਰਬਤ	ਦਰਖ਼ਤ
6.7.	ਸੜਕ ਘਰ	ਜਗਮਗ ਜਗਤ	ਪਰਬਤ ਵਤਨ	ਦਰਖ਼ਤ ਡਰ
7.	ਘਰ	ਜਗਤ	ਵਤਨ	ਡਰ

ਹੋਰ ਸ਼ਬਦਾਵਲੀ More Word Building

Mukta words are written without any Matras. Many more words can be made by just adding Addhak and Tippi, the two sound modifiers to the Mukta words. Addhak adds stress to the following letter (double consonant), and Tippi adds a partial nasal sound to the word. Read all the words sounding out each letter. Copy all the words in your notebook.

Pun	jabi Word	Pronunciation	Meaning
1.	ਅੱਖ	akkh	eye
2.	ਅੱਠ	atth	eight
3.	ਅੱਧ	aḍḍh	middle
4.	ਅੰਨ	ann	food
5.	ਸੱਸ	sass	mother-in-law
6.	ਸੱਚ	sacch	truth
7.	ਸੱਠ	satth	sixty
8.	ਸੱਤ	saṭṭ	seven
9.	ਸੰਤ	saṅṭ	saint
10.	ਸੱਧਰ	saḍḍhar	desire
11.	ਸੱਪ	sapp	snake
12.	ਹੰਸ	haṅs	swan
13.	ਹੱਕ	hakk	right
14.	ਹੱਡ	hadd	bones
15.	ਹੱਥ	haṭṭh	hands
16.	ਹੱਦ	haḍḍ	limit

Punjabi Word	Pronunciation	Meaning
17. ਕੱਚ	kacch	glass
18. ਕੰਧ	kaṅḍh	wall
19. ਕੰਮ	kamm	work
20. ਖੰਘ	khaṅgh	cough
21. ਖੱਚਰ	khacchar	mule
22. ਖੰਡ	khaṅd	sugar
23. ਖੰਭ	khambh	wings
24. ਗੰਢ	gaṅdh	knot
25. ਗੰਦ	gaṅḍ	trash
26. ਗੱਲ	gall	talk
27. ਗੰਜ	gaṅj	baldness
28. ਚੱਕਰ	chakkar	circle
29. ਚੰਨ	chaṅn	moon
30. ਚੱਪਲ	chappal	slippers
31. ਛੱਤ	chhaṭṭ	roof/ceiling
32. ਛੰਨ	chhaṅn	hut
33. ਜੱਗ	jagg	pitcher
34. ਜੰਗ	jaṅg	battle
35. ਜੱਜ	jajj	judge
36. ਜੰਝ	jaṅj	wedding procession
37. ਜੱਤ	jaṭṭ	skin
38. ਝੱਗ	jhagg	lather/foam
39. ਟੱਕਰ	takkar	collision
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Punjabi Word	Pronunciation	Meaning
40. ਟੰਗ	taṅg	leg
41. ਟੱਬ	tabb	tub
42. ਠੱਗ	thagg	cheater
43. ਠੰਡ	thaṅd	cold
44. ਡੰਗ	daṅg	sting
45. ਡੰਗਰ	daṅgar	flock of animals
46. ਡੰਡ	daṅd	punishment
47. ਢੱਕਣ	dhakkaṇ	lid/cover
48. ਢੰਗ	dhaṅg	way/method
49. ਥੱਪੜ	ṭhappaṛ	spanky
50. ਦਸ	das	ten
51. ਦੰਦ	daṅḍ	teeth
52. ਨੱਕ	nakk	nose
53. ਨੱਚ	nacch	dance (verb)
54. ਨੱਥ	naṭṭh	nose pin
55. ਨੰਬਰ	number	number
56. ਪੱਸ	puss	puss
57. ਪੱਖ	pakkh	side
58. ਪੱਗ	pagg	turban
59. ਪੰਜ	paṅj	five
60. ਪੰਥ	paṅṭh	Panth/order
61. ਪੱਥਰ	paṭṭhar	stone/rock
62. ਬੱਸ	bass	bus
	9 5	

Punjabi Word	Pronunciation	Meaning
63. ਬੰਦ	baṅḍ	close
64. ਬੱਦਲ	baḍḍal	clouds
65. ਮੱਝ	majjh	buffalo
66. ਮੱਖਣ	makkhaṇ	butter
67. ਮੰਗ	maṅg	demand
68. ਮੱਤ	maṭṭ	wisdom
69. ਰੰਗ	raṅg	colour
70. ਰਥ	raṭh	chariot
71. ਰੱਬ	rabb	god
72. ਲੱਕ	lakk	waist
73. ਲੱਕੜ	lakkaŗ	wood
74. ਲੱਖ	lakh .	hundred thousand
75. ਲੰਗ	laṅg	limp
76. ਲੰਗਰ	laṅgar	food shared by the Sikh community
77. ਲੱਤ	laţţ	leg
78. ਵੱਖ	vakkh	different/separate
79. ਵੰਗ	vaṅg	bangle
80. ਵੱਟ	vatt	wrinkle
81. ਵਡੱਪਣ	vadappaņ	greatness
82. ਵੱਢ	vaddh	cut/bite (verb)
83. ਸ਼ੱਕ	shakk	doubt
•		